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Tiger Daily: September 26, 2019

Fort Hays State University

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Tiger Daily [September 26,2019]

Tiger Daily

Thu 9/26/2019 11:54 AM

To: Tiger Daily <TigerDaily@fhsu.edu>



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EVENTS

THIS WEEK/WEEKEND

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- [Entrepreneurship Faculty Fellows Presentation - TOMORROW; 2:30pm to 4:00pm](#)
- [Rostislav & Luba Edlina Dubinsky Classical Music Series - TOMORROW; 7:30pm](#)
- [Student Athlete Advisory Committee Dunk Tank - September 28; 4:30 to 6:30 pm](#)

FUTURE EVENTS

- [Civic Dinners: The Lovable City - October 1 & October 7; 6:00pm](#)
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- [Encore Series Presents - Reza: The Edge of Illusion - October 3; 7:30pm](#)
- [Paris to Pittsburgh Film and Forum - October 3; 7:00pm](#)
- [A Plant Hike: Wild Foods and Medicinal Plants Around the Cheyenne Bottoms Area - October 6; 2:00pm](#)
- [U.S. Air Force "Falconaires" Jazz Ensemble Concert - October 7; 7:00pm](#)
- [On-Site Biometric Screening & Health Coach Available - Dates and times listed below](#)
- [Political Science Alumni Award Winners Reception - October 10; 4:00pm to 5:00pm](#)
- [Leadership Studies Alumni Distinguished Service Award Reception - October 10; 3:00 to 4:00pm](#)
- [Economics, Finance, and Accounting Department Reception for Alumni Award Recipients - October 10; 3:00 to 4:00pm](#)
- [College of Education Homecoming Reunion - October 11-12; Times listed below](#)
- [Rural and Independent Innovators Conference - October 15; 8:00am to 4:30pm](#)
- [MDC Workshop - Maintaining a Healthy & Safe Work Place - October 17; 8:30am to 12:00pm](#)
- [Run/Walk to Help Children Talk 5k Event - October 19; 8:15am](#)
- [WKHRMA October Seminar - 10 Complimentary Spots Available! - October 23; 8:30am to 3:00pm](#)

ANNOUNCEMENTS

Calendar: Upcoming Professional Development Opportunities

Check out upcoming professional development opportunities! The TILT TigerLearn event calendar is your go-to for professional development at FHSU! Check it out here: <http://tigerlearn.fhsu.edu/events/>.

To provide faculty and staff with one easy place to see all professional development at FHSU, we're happy to include your event on the TigerLearn calendar. We can include links to your registration site, contact persons for questions, etc. Just contact TILT-FacultyDev@fhsu.edu, and we'll add your event right away!

Memorial Union New Food Options

Attention FHSU Students, Faculty, & Staff: The Memorial Union will be introducing a new food concept in Union Station, and we want YOUR vote! Click on the link below and give us your feedback online at <https://baseline.campuslabs.com/fhsu/mudsf2019>

Safe Zone Trainings

To honor LGBTQ+ History month, we will begin to offer Safe Zone trainings during the month of October. There are a variety of dates and times that you can attend a training. Each date has a maximum capacity of 20 participants for the two hour training. Depending on interest, there may be more dates and times added. To sign up, please visit Tigerlink at <https://tigerlink.fhsu.edu/submitter/form/start/344353>

For questions please contact Tina Wolbert, tbwolbert@fhsu.edu

Attention all FHSU Tiger Tot Alumni

Tiger Tots Director, Sara Stroup and lead teacher, Penny McGinnis are looking for Tiger Tot Alumni to take part in their FHSU Homecoming Float! See the detailed information below and spread the word so we can see our Tiger Tot alumni from 1981 to recent, on October 12th! We hope to see everyone there!

If you or your child are alumni of FHSU Tiger Tots, you are invited to UNLEASH THE TIGERS! 🐅 Please come to the first-ever FHSU Tiger Tots Homecoming Reunion on October 12th!

We hope to see all past and present Tiger Tot children, families, interns, student teachers, and staff near and far come back for this reunion! Tiger Tots will be open that morning if anyone would like to visit the present classroom. We will be riding a float in the Homecoming Parade. All children ages 16 and under must be accompanied by an adult.

The parade starts at 11:00 AM on Saturday, October 12th and more information will be given for the time of line-up, as we gain that information. Please share this message to your Facebook page to help us spread the word!

If you are going to be able to join us, please RSVP on the feed below. We want to get an approximate count for cookies and punch to be served that morning during our time at the classroom, prior to the parade!

Student Government Association Election Forums

Join the Student Government Association for two local election forums in preparation for the 2019 local elections in Hays! This event is held in partnership with the Department of Political Science, the Docking Institute of Public Affairs, Tiger Media Network, the American Democracy Project, and the Hays Area Chamber of Commerce. On October 15th, we will host a forum for candidates running for USD 489 School Board from 6:30-8:00 in the Beach-Schmidt Auditorium. On October 22nd, we will host a forum for candidates running for the Hays City Commission from 6:30-8:00 in the Beach-Schmidt Auditorium. Refreshments will be provided at the event and audience members will be able to ask candidates questions, both written and verbally. Community members are welcome. If you have any questions, please contact kcwisley.se@fhsu.edu.

Makerspace Materials Need

Makerspace is needing CLEAN empty gallon-sized plastic jugs! Please drop off at Forsyth Library downstairs in Makerspace 060 or email or call GG Launchbaugh for pick up: gglaunchbaugh@fhsu.edu 785-628-4538.

Electronic Resources Feature: Independent Voices Database

Forsyth Library is home to hundreds of databases for use by faculty, staff, and currently enrolled students for research activities.

Are you presenting at the upcoming Tilford Conference? Looking for ways to expand your curriculum? **Independent Voices** is an open access collection of alternative press newspapers, magazines, journals, and more. Explore diverse topics and historical perspectives through this unique database. [Visit Independent Voices at this link to learn more.](#)

Remember, you can locate all available databases through Forsyth Library's [A to Z listing](#). For more information, visit Forsyth Library at fhsu.edu/library or contact refserv@fhsu.edu

Novels 4 Hope

Diversity Book Club, is a dynamic book club bringing students, faculty, and staff together to explore current social justice issues & diversity topics. Student Engagement will host the club in reading four books throughout the year. The book selection is a mixture of fiction & non-fiction literature to appeal to a variety of demographics. Our purpose for Novels 4 Hope is to keep conversation continuous on campus among students, faculty & staff on issues of race, religion, ethnicity, sexuality and gender.

Our first Novels for Hope book is: *Sissy* by Jacob Tobia. The sign-up for the first novel will open on Tigerlink on Friday, September 20 and run through Friday, October 4. You cannot register for this until NEXT FRIDAY. At that time, you can access the following link: <https://tigerlink.fhsu.edu/submitter/form/start/339261>

The first 30 people to sign-up will receive a copy of the book. For questions please contact diversity@fhsu.edu

Ribbon Cuttings – Homecoming Week

Please join us the week of Homecoming for these two events:

Kansas Army National Guard – Campus Office Ribbon Cutting

October 8, 1:00 pm – Memorial Union, Sunset Atrium

Learn more about this new partnership and how it benefits students.

Center for Art and Design Ribbon Cutting

October 11, 9:00 am

Tour the new building and learn more about the wall of masks, a large donation made to the university.

We hope to see you there. For more information, contact Janette Meis, Office of the President at j_meis@fhsu.edu

EVENTS

STEPS to Success Lunch & Learn

Thursday, September 26; 12:00pm

Stroup Hall, Room 166

Did you know that improving nutrition and reading labels equals simple steps to healthy eating? A high glycemic index coupled with very little physical activity can be directly related to technological advances and lack of time, as well as lifestyle choices as well as many other modifiable risk factors (Hruby & Hu, 2015 & Hill et al., 2012 & Lucha-Lopez et al., 2014). Grab your lunch and come learn this week how simple changes in nutrition can make life altering improvements in your health. Dr. Glen McNeil will be hosting a lunch and learn on “How to use food label nutrition information?” on September 26, 2019 at noon in Stroup Hall, Room 166. See you there!

Rostislav and Luba Edlina Dubinsky Classical Music Series

Friday, September 27; 7:30pm

Beach/Schmidt Performing Arts Center

Department of Music and Theater is proud to announce a new music series in memory of Rostislav and Luba Edlina Dubinsky. Rostislav Dubinsky (1923-1997) and Luba Edlina (1929-2018) were the founding members of the Dubinsky Duo and the Borodin Trio. Their musical legacy continued for years, demonstrating chamber music playing at the highest international level.

The opening concert features Sharon Stanis, violin, Irena Ravitskaya, piano, Ben Cline, cello. The guest violinist, Sharon Stanis, is a founding member of the world famous Lafayette String Quartet. She received her BM and MM from Indiana University, where she coached with Rostislav Dubinsky who was integral in the formation of the Lafayette String Quartet. Currently, she is an Artist-in-Residence at the University of Victoria (Canada), where she teaches violin and coaches chamber music.

Dr. Irena Ravitskaya was a student of Luba Edlina-Dubinsky. She had studied with her at IU as a doctoral student from 2000-2005. Until her passing in 2018, Mrs. Dubinsky had remained her mentor and dear friend.

The program includes Schnittke's Suite in the Old Style for violin and piano, Beethoven's Violin Sonata No. 4 in a Minor, and Mendelssohn's Piano Trio in D Minor. Admission is free.

Entrepreneurship Faculty Fellows Presentation

Friday, September 27; 2:30-4:00pm

Memorial Union, Trails Room

Entrepreneurship Faculty Fellows Presentation: From Victims to Social Entrepreneurs, Fri. Sept. 27, 2:30-4 p.m. Did you know that intimate partner violence survivors return to abusers 7-10 times on average before they permanently leave the horrific environment? Building their financial independence not only can empower the survivors, but can also help their children and boost the local economy! Please attend our public presentation on

our research on how a social enterprise can support the survivors of domestic violence and human trafficking, and join the discussion on what we can do in Hays, USA afterwards!

Project Title:

From Victims to Social Entrepreneurs: Building Abundance and Confidence for Domestic Violence and Human Trafficking Survivors

Time: Friday, Sept. 27, 2:30-4:00 p.m.

Place: Trails Room, FHSU Memorial Union

Please feel free to contact us if you have any questions. Thank you and we hope to see you there!!

Sincerely,

Ziwei Qi (z_qi5@fhsu.edu)

Assistant Professor

Department of Criminal Justice

Hsin-Yen Yang (hsin-yen-yang@fhsu.edu)

Associate Professor

Department of Communication Studies

Entrepreneurship Faculty Fellows, 2018-2019

Fort Hays State University

Student Athlete Advisory Committee Dunk Tank

Saturday, September 28; 4:30-6:30pm

Lewis Field, East side of stadium

Come dunk FHSU Athletes and Staff to raise money for Make-A-Wish Foundation. \$1 for 1 throw, \$5 for 6 or \$10 for an automatic dunk. If questions contact Tatum at tebartels@mail.fhsu.edu.

Civic Dinners: The Lovable City

Tuesday, October 1 & Monday, October 7; 6:00pm

Gella's Diner & Lb. Brewing Co.

Bring yourself and some money to Gella's at 6pm on Tuesday, October 1 and Monday, October 7. Civic DinnersTM has launched a national conversation about "The Lovable City" in hopes of learning more about what makes your city lovable, what you'd love to love, and how you'd like to be more involved in creating a more lovable city. To register, click ATTEND A DINNER at this website: <https://www.civicedinners.com/tlc-hays>.

Contact:

Dr. Jane Talkington, FHSU-RCOBE, phone/text: (785) 592-1712

or Melissa Dixon, Convention & Visitor's Bureau (785) 628-8202.

Maker Wednesday

Wednesday, October 2; 5:00-6:00pm

Forsyth Library Makerspace 060

Come to Makerspace and learn how to make Vinyl Decals and Stickers!

www.fhsu.edu/smei

Sponsored by Science and Mathematics Education Institute and Forsyth Library

Sustainability Task Force Meeting

Thursday, October 3; 3:00pm

Memorial Union , Stouffer Lounge

“Sustainability Task Force – ‘Big Tent Meeting’ -

Thursday October 3rd, 3:00 pm, Stouffer Lounge, Memorial Union. We will discuss our successes from last year, and our ongoing agenda for the 2019 – 2020 academic year. Please bring your ideas, suggestions, and items for discussion. Do you have questions, or cannot attend but want to be on our email list? Please email us at: sustainability@fhsu.edu .”

Encore Series Presents – Reza: The Edge of Illusion

Thursday, October 3; 7:30pm

Beach/Schmidt Performing Arts Center

More than a magic show, Reza infuses state of the art production, masterful comedic timing, and interactive moments, allowing the audience to experience magic first hand. He has sparked world-wide buzz and loyal fan base with his signature grand-scale illusions such as making motorcycles and helicopters materialize out of thin air! Young and fresh, Reza’s “Edge of Illusion,” has earned him awards including “Magician of the Year.” Reza is intriguing, engaging, and captivating. He isn’t just a magician. He is a world-class entertainer.

Tickets are available at the Memorial Union Student Service Center, by calling 785-628-5306 or by visiting www.fhsu.edu/encore. Tickets for the general public are \$40 reserved and \$30 unreserved; for seniors, tickets are \$35 reserved and \$25 unreserved; and for FHSU students and children ages 5-17, tickets are \$30 reserved and \$20 unreserved.

Questions? Contact Jacob Ternes at jaternes@fhsu.edu

Paris to Pittsburgh Film and Forum

Thursday, October 3; 7:00pm

Us 4 U invites the FHSU community to our Paris to Pittsburgh Film and Forum on Thursday, October 3, at 7pm. We will watch *Paris to Pittsburgh* ([see trailer](#)) and have a discussion about sustainability, faith and the environment, and more. There will be snacks available! This is part of 40 Days at the Fort, and there will be a chance to swipe your Tiger Card for credit. More information can be found on TigerLink (Corq) or our [Facebook event](#). Contact Zoey at us4u.fhsu@gmail.com with any questions or concerns.

A Plant Hike: Wild Foods and Medicinal Plants Around the Cheyenne Bottoms Area

Sunday, October 6; 2:00pm

Kansas Wetlands Education Center

Join KWEC and Dr. Kelly Kindscher, Kansas Biological Survey scientist and University of Kansas environmental studies professor, on a plant hike field trip around Cheyenne Bottoms on Sunday, October 6 at 2 p.m. to learn about the native plants that are edible or have medicinal qualities.

Participants will gather at KWEC first before traveling by car to a couple nearby field sites. Participants should be prepared to be outside, wear comfortable, close-toed shoes, and be able to walk short distances over uneven terrain. The program is free and no registration is needed.

Kindscher has authored several books on native plants, including *Medicinal Wild Plants of the Prairie* and *Edible Wild Plants of the Prairie*.

The event is free and open to the public. For more information contact KWEC at 1-877-243-9268 or visit <http://wetlandscenter.fhsu.edu>. The Kansas Wetlands Education Center is a branch of the Werth College of Science Technology and Mathematics and is located at Cheyenne Bottoms, near Great Bend, KS. The Center is open Mon-Sat 9am-5pm and Sun 1-5pm. Admission is free.

U.S. Air Force “Falconaires” Jazz Ensemble Concert

Monday, October 7; 7:00pm

Beach/Schmidt Performing Arts Center

The United States Air Force Academy Band’s “Falconaires” jazz ensemble from Colorado Springs will perform a free concert at Fort Hays State University Beach/Schmidt Performing Arts Center in Hays, KS on 7 October 2019 at 7PM. The evening will feature an eclectic mix of traditional and contemporary jazz repertoire that celebrates our national heritage. The concert is free and open to the public. Free tickets will be distributed seven days a week until 10pm at the Memorial Union Student Service Center or online at <https://www.eventbrite.com/e/usaf-falconaires-big-band-sponsored-by-fort-hays-state-university-tickets-70982629957>.

Rural and Independent Innovators Conference

Tuesday, October 15; 8:00am-4:30pm

Robbins Center

The Rural and Independent Innovators Conference is being held on **October 15th, 2019** from 8:00 AM – 4:30 PM at the Robbins Center on Fort Hays State University’s campus. This conference is for product and technology innovators who want to know when and how to advance with their ideas.

Please visit the conference website link for more information regarding the event:

<https://www.ksinnovator.com/>

Register by October 10th at: <https://ksbdc.ecenterdirect.com/events/25104>

Feel free to contact our office at 785-628-5615 for more information.

WKHRMA October Seminar – 10 Complimentary Spots Available!

Wednesday, October 23

Registration: 8:30am / Seminar: 9:00am-3:00pm / Networking Reception to follow

Robbins Center, Eagle Communications Hall

The Western Kansas Human Resource Management Association (WKHRMA) welcomes the Tiger Family to our annual October Seminar. Come hear from attorneys Melody Rayl & Lauren Sobaski of Fisher & Phillips LLP on some of the most pressing matters facing the workplace today. We will discuss issues about changing marijuana laws, inclusion, audits, retaliation claims, and more.

Provost Jill Arensdorf has generously agreed to fund **TEN** registrants from FHSU’s Division of Academic Affairs.

Want one of the ten spots for faculty & staff? These complimentary registrations are first come, first served! Email Hannah Hilker, hehilker@fhsu.edu today to reserve your spot at the seminar.

On-Site Biometric Screening & Health Coach Available

Memorial Union

Free Biometric Screening Offered

Tuesday, October 1st

Wednesday, October 2nd

Tuesday, November 12th

Worth 5 HealthQuest Credits

For employees and spouses enrolled in Plan C, J, N, or Q, participation is also worth \$50 into their HSA or HRA Account.

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Fort Hays State University – Memorial Union

There will also be a Health Coach available that day from 8:00am-1:00pm in the Memorial Union Calvary Room (Room 205).

<http://www.kdheks.gov/hcf/healthquest/coaching.html>

Deadline to sign up is 3 DAYS PRIOR TO DATE by midnight.

How Do I Sign Up?

Log-on to your account on the wellness portal (<https://kansashealthquest.cernerwellness.com/>). To create a new account, follow instructions found at

http://www.kdheks.gov/hcf/healthquest/download/How_to_Register_an_Account.pdf.

Once logged in, follow these simple steps to schedule your screening:

- Click on Biometric Screenings
- Select Onsite Screenings
- Login or create an account on the Online Scheduler
- Select Hays from the list of cities
- Select the Location/Date you want to attend
- A list of times will appear. Select the time that works best for your schedule.
- Answer a few simple questions and click Create Appointment

What is a Biometric Screening?

Knowing cholesterol or blood glucose values can help you identify serious risks and manage or prevent health problems before they occur. HealthQuest sponsors free biometric screenings at worksites statewide. Testing is conducted in 30 minutes or less using a simple finger stick. Results you will receive include:

- Total Cholesterol, HDL, LDL and total Cholesterol to HDL ratio
- Triglycerides and Glucose
- Systolic and Diastolic Blood Pressure
- Height, Weight, and Body Mass Index (BMI)
- Waist Circumference

Remember for best results to fast for a minimum of 9 hours prior to your appointment. Water, tea and black coffee (no cream or sugar) are okay. Take medications as usual also.

Who is Eligible to Participate?

- Benefits eligible State and Non-State employees who are enrolled in the state employee health plan or who have waived coverage in the plan

- Spouses who are enrolled in the medical portion State Employee Health Plan

Political Science Alumni Award Winner Reception

Thursday, October 10; 4:00-5:00pm
Memorial Union, Pioneer Room

Political Science is hosting a reception for its Alumni Award winners, Kevin Faulkner, Joshua Snider, and Curt Brungardt, on October 10th in the Memorial Union Pioneer Room from 4-5pm. There will be light refreshments at this come-and-go event. Please RSVP by phone at 785-628-4425 or by email to kkallacher@fhsu.edu.

Economics, Finance, and Accounting Department Reception for Alumni Award Recipients

Thursday, October 10; 3:00-4:00pm
McCartney Hall, Room 109

The Department of Economics, Finance, and Accounting is hosting a come-and-go reception for its Alumni Award recipients, Kevin Faulkner and Cole Engel, on October 10 from 3:00-4:00 PM in MC 109. Kevin is receiving the Alumni Achievement Award and Cole is receiving the Young Alumni Award at Homecoming.

Leadership Studies Alumni Distinguished Service Award Reception

Thursday, October 10; 3:00-4:00pm
Memorial Union, Stouffer Lounge

Please join the Leadership Studies Department in honoring Drs. Curt and Christie Brungardt, recipients of the 2019 Alumni Distinguished Service Award. Light refreshments will be served at this come-and-go event on Thursday, October 10, in the Memorial Union Stouffer Lounge from 3-4 pm.

College of Education Homecoming Reunion

Thursday, October 11-12

Join us for the First Ever College of Education -- Homecoming Reunion! October 11th and October 12th
Please register by October 3rd at www.goforthaysstate.com/homecoming or, you may also call 888-351-3591.

First 100 to register will receive a free T-Shirt!! Some of the events include:

Friday, Oct. 11th:

- 10:00 AM – 40th Anniversary Celebration and Open House of the Plymouth Schoolhouse

Saturday, Oct. 12th

- 8:30 AM – College of Education Breakfast with the Dean, Memorial Union
- 11:00 AM – Homecoming Parade (Our Tiger Tots will be marching in the parade)
- 4:30 – 6:30 PM: FHSU Alumni & Friends Tiger Tailgate, Lewis Field Stadium

We look forward to seeing everyone there!

Run/Walk to Help Children Talk

Saturday, October 19; 8:15am
FHSU Quad, Outside Memorial Union

Join us October 19th for the 7th annual Run/Walk to Help Children Talk charity event. This event will be held at the FHSU Quad (Outside Memorial Union). Registration begins at 8:15 with the races beginning

at 9:00 a.m. The proceeds from the 5K run/walk and 1-mile fun walk will provide client scholarships to children in need of speech/language services and support the purchase of clinic materials for the Herndon Clinic. The Run/Walk event is sponsored by the Salina Valley Scottish Rite Masons and the FHSU National Student Speech-Language-Hearing Association. Prices for early-bird registration are \$15.00 for FHSU students, \$20.00 for adults, and \$10.00 for children.

For event information and registration, please visit our website: www.fhsu.edu/runwalk

MDC Workshop – Maintaining a Healthy & Safe Workplace

Thursday, October 17; 8:30am-12:00pm

Memorial Union, Stouffer Lounge

There is much more to workplace violence than the mass shootings covered in the news. Most cases of domestic violence don't appear in the news, and this workshop debunks the notion that it couldn't happen in your workplace. The MDC is partnering with Jana's Campaign, Inc. to educate the community on the several forms workplace violence can take and important steps for preventing it. Registration for this workshop is \$119.

Please register by October 10.

As FHSU faculty and staff, your registration fee is complimentary, thanks to your FHSU Vice President. ***Limited funding is available annually per division.***

If you are an Academic Affairs member & are interested in attending this workshop, contact Hannah Hilker at 785-628-4121 or hehilker@fhsu.edu

Registration can be completed online at <https://webapps.fhsu.edu/MDC2.0/Default.aspx> or by calling Hannah Hilker at (785) 628-4121.

To submit an article for Tiger Daily, please create a **new** message and email it to tigerdaily@fhsu.edu before **10:00 a.m.** Items received after 10:00 a.m. will run the next business day. Submissions will be accepted only from FHSU faculty, staff, and student organizations. **Submissions must include** a headline, body text, and contact information only. **Attachments, graphics and images will not be published (including signature line graphics)**, but links to web pages may be included. Submitter is responsible for quality of content, which will be copied/pasted directly. **Replies to this message will not be responded to. Please send any inquiries regarding a Tiger Daily article directly to the submitter.** Only one Tiger Daily message will be sent per day.