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University Leader April 9, 1993

University Leader Staff

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The University LEADER

FORT
HAYS
STATE
UNIVERSITY

Volume 87, No. 48

News 628-5301

Friday, April 9, 1993

Advertising 628-5884

A baseball bash is being sponsored by BACCHUS to promote the organization while teaching others to have a good time without alcohol or drugs.

Boost Alcohol Consciousness Concerning the Health of University Students will sponsor the second annual baseball bash Tuesday, April 20, at 5 p.m. in Larks Park.

The event is to be held in conjunction with the Fort Hays State double-header baseball game with the University of Nebraska at Kearney.

Free hot dogs and squeeze bottles will be given to the first 300 people wearing BACCHUS, SADD (Students Against Drunk Driving) and TOAST (Teaching Others Alcohol Safety Tactics) apparel.

BACCHUS is an organization at FHSU with the purpose of creating awareness of alcohol abuse and the prevention of drunk driving.

The purpose of the baseball bash is to allow students to have a good time without the use of alcohol or drugs.

Shannon Berland,

BACCHUS president, said, "It (the baseball bash) allows students to have a good time and do fun things without drinking. Plus, we like to support our teams since they do a lot for us."

Last year was the first year for the baseball bash, and its success was the reason for repeating the event.

"It was really successful. Usually people tend to not participate in baseball games, and it (the baseball bash) brought out a lot of people," Berland, Abilene junior, said.

Berland said this year's baseball bash will be bigger than the first because more activities are planned.

"We're actually going one step further by adding the activities. This year we're having fundraisers to send people to conventions," she said.

Planned activities include a car bash, in which students can give three bashes for \$.50, and a baseball throw with a radar speed check, which will be \$.50 for three throws.

Berland said there will be prizes such as T-shirts to be given away for the events.

The wrecked car for the car bash is being provided by Hays



Auto Parts, North Highway 83.

Information about seat belt use and drunk driving prevention will also be available at the event, and Kansas highway patrol officer Mark Dederding will

provide a Camaro patrol car for display.

"We're also getting the Greeks involved since the bash is scheduled for Greek Week," Berland said.

Story by
Melissa Chaffin
Senior copy editor

New positions chosen at Faculty Senate

Kelly Freeman
Copy editor

Fort Hays State Faculty Senate held elections, during their meeting April 6, for president elect and secretary for the 93/94 school year.

President elect is Gerry Cox, professor of sociology and secretary will be Jean Gleichsner, assistant professor of agriculture.

Current faculty senate president Rich Huguen announced the two items of discussion or action taken at the March Board of Regents meeting in Topeka. First was the board accepted three new degree proposals for FHSU: bachelor of arts in social work, bachelor of science in social work and bachelor of science in speech language pathology.

Also, the Kansas Regents Honors Academy is returning to FHSU this summer after it started here six years ago.

Stan Koplik, executive director for the honors academy, said he is pleased with the academy and reported that 65 percent of the students who attend the academy go on to attend Kansas universities.

Academic affairs committee, presented by Martha Holmes, assistant professor of art, recommended approval of the following existing courses for inclusion in the general education program: COMM 100 Oral Communications and HIST 111 Modern World Civilization. Both were approved by faculty senate.

Also recommended and approved was a new course for the general education program: HHP 200 Personal Wellness, which will provide a survey of health and fitness concepts and practices related to the dynamic nature of positive wellness knowledge and behavior.

New courses approved, but not general education were: BSAH 415 Ultrasound Physics and OB/GYN Procedures and BSAH 416 Ultrasound Physics and Abdominal Procedures. The titles, however, were objected to by Maurice Witten, professor of physics and speaker for the department.

Witten said they were opposed to the use of the word "physics" in the title because it would not be taught by a physics instructor or by the physics department. Academic affairs committee accepted this proposal as a friendly amendment and "physics" was removed from both course titles.

A new program, bachelor of science degree in medical diagnostic imaging, was also approved by faculty senate.

Announcements were made by Mohammad Riaz, associate professor of mathematics and computer science, who reminded members that individual departments need to elect new senators, and Jean Gleichsner suggested each department keep the fall student orientation in mind. Gleichsner said to think specifically about meeting with incoming freshman of each department directly before the all-school picnic.

The executive committee, presented by Marty Shapiro, professor of music, recommended that chapter three of the faculty handbook include in Part four, Promotion. The provost will serve on the (University promotion) committee, in an ex-officio capacity as a non-voting member and also restate this again in Part five, Tenure.

Several recommendations made to Provost Rodolfo Arevalo and President Edward Hammond were recently approved.

The concept of the Leadership Studies Program, a policy for the administration of student evaluation of faculty and a policy on misconduct in research were all approved.

Rejected were recommendations concerning the "attendance at and participation in commencement is optional for faculty members" and the issue of having a Friday evening commencement ceremony.

Policy established Class attendance affects amount of financial aid

Crystal Holdren
Editor in chief

Students who wish to maintain their financial aid for their remaining years of school need to attend class.

The financial aid office established a policy this semester which allows them to refrain from giving aid to those students who do not attend class.

Karl Metzger, director of student financial assistance, said five years ago Fort Hays State had a federal auditor come and review the Financial Aid Office.

"The area of noncompliance we experienced here in Financial Aid was we had no method of determining the last day of attendance for students going to class," Metzger said.

He said he "battled with the audi-

tors" because some faculty do not take attendance on a regular basis.

"We have put (the policy) off, but we feel another audit will probably be coming down the road and we need to have a policy in place," Metzger said.

Before determining the policy, Metzger said the department investigated a number of schools and decided this was the best one for FHSU.

The policy which is in effect is that faculty are asked to let the Financial Aid Office know of students in their classes who are not attending class. However, the Financial Aid Office is not requiring them to take role.

Metzger said most faculty know if their students are attending without having to take role.

"We are not asking faculty to change their policy or methods," Metzger said.

After receiving the forms from faculty members, the department will then write to that student notifying them that by not attending class they are jeopardizing their financial aid.

As of yesterday, Metzger said their department had received 60 to 70 forms from faculty. With some of these being duplicates, it adds up to approximately 50 students, he said.

"Out of 4,000 financial aid recipients, (50) is a fairly insignificant amount," Metzger said.

With the Refund Repayment Policy FHSU is currently following, any student who withdraws is responsible to pay back their financial aid or part of it within 20 days.

Metzger said, "With the new policy, (Prorata Refund Policy), the government is coming out with, we have to

go up to the 11th week of class and then determine those students not attending class.

"They would also be in repayment of their financial aid."

After reviewing the students' status, Metzger said the department goes through and does a progress study.

If students do not meet certain requirements, they could be suspended from financial aid, but not necessarily academically, Metzger said.

He said this review is done in June and is based on the total number of hours completed, the students' grade point average and their attendance record.

Metzger said, "We usually send out about three to 400 letters, which is a lot."

If students are suspended, they have

Actions threaten ASK future

Anne Zohner
SFA Reporter

It's all over but the crying.

At least that's what Nate Halverson, Fort Hays State ASK campus director, said, about Kansas State University's impending withdrawal from the Associated Students of Kansas alliance at last night's Student Government Association meeting.

KSU's proposal for withdrawal from ASK was up for first reading at last night's senate meeting. The KSU senate will vote on the issue at next Thursday's regular meeting.

Halverson said KSU has been talking about withdrawing their membership for some time.

"They've been threatening to leave ASK for a few months now," he said. "All that's left is the crying."

The main reason KSU is contemplating leaving the alliance is because "they felt they have not been getting their money's worth," Halverson said.

KSU currently spends \$38,000 on dues for ASK.

The tears may really begin to fall, however, if another Board of Regents' institution decides to follow KSU's possible lead. Halverson said if KSU does indeed withdraw, Kansas University may not be far behind.

"If KSU leaves KU probably will too, because they feel they can't fund all of this money and would be paying more than anyone else."

This is due to the fact KU has the most students, and dues would more than likely be 75 cents per student if KSU left. Currently, the dues are 51.2 cents per student, Halverson said.

Although it is not certain KU would leave the alliance if KSU drops out, the alternative is not favorable.

If they don't get out, (KU) would ask for funding to be slashed and I think this would ruin the effectiveness of ASK," Halverson said.

All of the questions of ASK's future are likely to be answered at the

April 25 meeting, Halverson said. If ASK is dissolved, FHSU has two basic options.

The first, according to Halverson, is to form an association of regional schools and to lobby the best they can and possibly employ a part-time lobbyist in Topeka.

The other option would be for each school to "fund for themselves."

Halverson said it is sometimes more difficult for the larger schools to see the benefits of ASK. However, the positive aspects of the program are pretty clear for FHSU and other institutions.

Fort Hays and Pittsburg (State University) get the most for our money because we are the furthest away from Topeka," Halverson said.

"We get tons of information from the state ASK office without them we would have to rely on our administration."

Relying on the administration would allow the students to acquire

the opportunity to go through an appeal committee and state any specific circumstances which affected their attendance to class.

"The committee's fairly liberal (on certain situations)," Metzger said.

These situations are those similar to divorce, extremely sick or family members who are experiencing a sickness.

"We try to give them a chance to come back and prove themselves for another semester," Metzger said.

The majority of the time, he said the students who receive their letters to be suspended are mostly first-time freshmen.

Metzger said, "We've got a policy enforced now that hopefully will help us comply with the regulatory program."

the information needed, but Halverson said he would rather receive information from "someone who works for you than from someone who may have other interests in mind."

Andy Addis, student body president, said he felt FHSU "definitely received its money's worth from the ASK program."

"We give \$7500 each year to ASK. That money (if FHSU) would lobby on its own equates to maybe three trips each month to Topeka during the school year," he said.

"The money spent is definitely worth it. Without ASK, we'd be lost out here."

When Addis posed the question of ASK's effectiveness to the senatorial body, the response was positive.

"I've never questioned (ASK's) effectiveness," Tara King, Lincoln sophomore, said. "They only reason the other schools should have for leaving is that they are closer to Topeka. With us, it's our only option."

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Changes take place

Within the past week the University Leader has experienced a change in a couple of positions.

In the middle of the week, Christian Wallingford, editor in chief, was replaced due to personal reasons.

Acting as managing editor for this semester, I have advanced to the editor in chief position, and Christian D Orr has become the managing editor while still remaining sports editor.

No other positions have changed, but with one less person on staff, everyone will be required to put in a little more time.

Although we will be a person short, the Leader staff is still dedicated to offering Fort Hays State a quality paper.

As editor in chief, I hope to get more readers to share their opinions by either writing guest columns or letters to the editor.

With guest columns, we allow between 150 to 250 words and with letters to the editor, your name, hometown, classification and phone number are required.

No matter how many changes take place this semester, the Leader will still be committed to serving you and your interests.

Letter Policy

The University Leader encourages reader response. Letters to the editor should not exceed 300 words in length.

All letters must be signed, no exceptions. Letters must include addresses and telephone numbers. Students are asked to include their hometown and classifications, and faculty and staff are asked to include their titles.

Letters must be turned into the Leader two days before the next publication or they may be held over until the next issue.

The editorial staff reserves the right to condense and edit letters according to available space and Leader style. Publication of letters is not guaranteed. The Leader also reserves the right to delete numerous signatures on a letter if space does not allow for all names to appear.

Guest Columns

The University Leader encourages readers to submit editorials and/or columns on their views.

Editorials run 150 to 250 words and columns run 500 to 700 words.

The editorial staff reserves the right to condense and edit articles according to available space and Leader style. Publication of the articles is not guaranteed.

The University Leader

The University Leader, the official Fort Hays State student newspaper, is published every Tuesday and Friday except during university holidays, examination periods or specially announced occasions.

Unsigned editorials are the views of the editor in chief and do not necessarily represent the views of the staff.

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Christian D. Orr, Managing editor
James Brooks, Ad manager
Kate Kugler, Classified ad manager
Melissa Chaffin, Sr. copy editor
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University serves as training wheels

I can still remember my first set of wheels... training wheels that is.

My first real mode of transportation was a canary yellow bicycle, complete with handle bar streamers that made a rat-a-tat-tat sound against my hands as I cruised down the driveway with the wind echoing in my ears.

Its vinyl black seat used to glisten in the sun, and the carry-all basket attached to the front toted everything from "Barbies" to baby kittens through the years.

And of course, my first bike came complete with the standard training wheels.

Although they were the least exciting, they were the most important because they allowed me to learn how to ride and were always there to catch me when I faltered.

I always knew that someday they would have to be taken off and I would eventually have to ride the bike like a "big kid."

However, that detail seemed way



Anne Zohner
Guest columnist

off in the future as I roamed around our farm and enjoyed the blissfully simple moments of childhood.

Then, one day the inevitable moment arrived and I was faced with the awful truth: It was time to acquire the dreaded skill of balance and learn how to ride the bike without the reliable training wheels.

Anxiety welled up inside me as my father strode toward my precious bike and began to strip away the wheels that had allowed me to ride so freely and fearlessly.

I felt the uncontrollable urge to tell my dad to just stop, that I did not want to learn how to ride the bicycle the

"real way."

With every turn of his wrench that loosened the bolts, I felt my security slowly but surely being taken away from me. And maybe for the first time in my life at the young age of five, I felt as though I was on my own.

The training wheels were no longer there to balance out my bobbles and my recklessness. I had to travel down the road, relying on my own knowledge and skills.

As graduation nears, I once again feel as though my "training wheels" are being removed.

I am venturing out into the "real world" on my own, with nothing to act as my safety net if I happen to stumble or fall.

Oh, sure, I left my family behind to come to college, but they were never more than a phone call away if I had a bounced check or needed a special favor. For the first time, I am realizing what it is truly going to mean to be totally independent.

I am currently looking for a job,

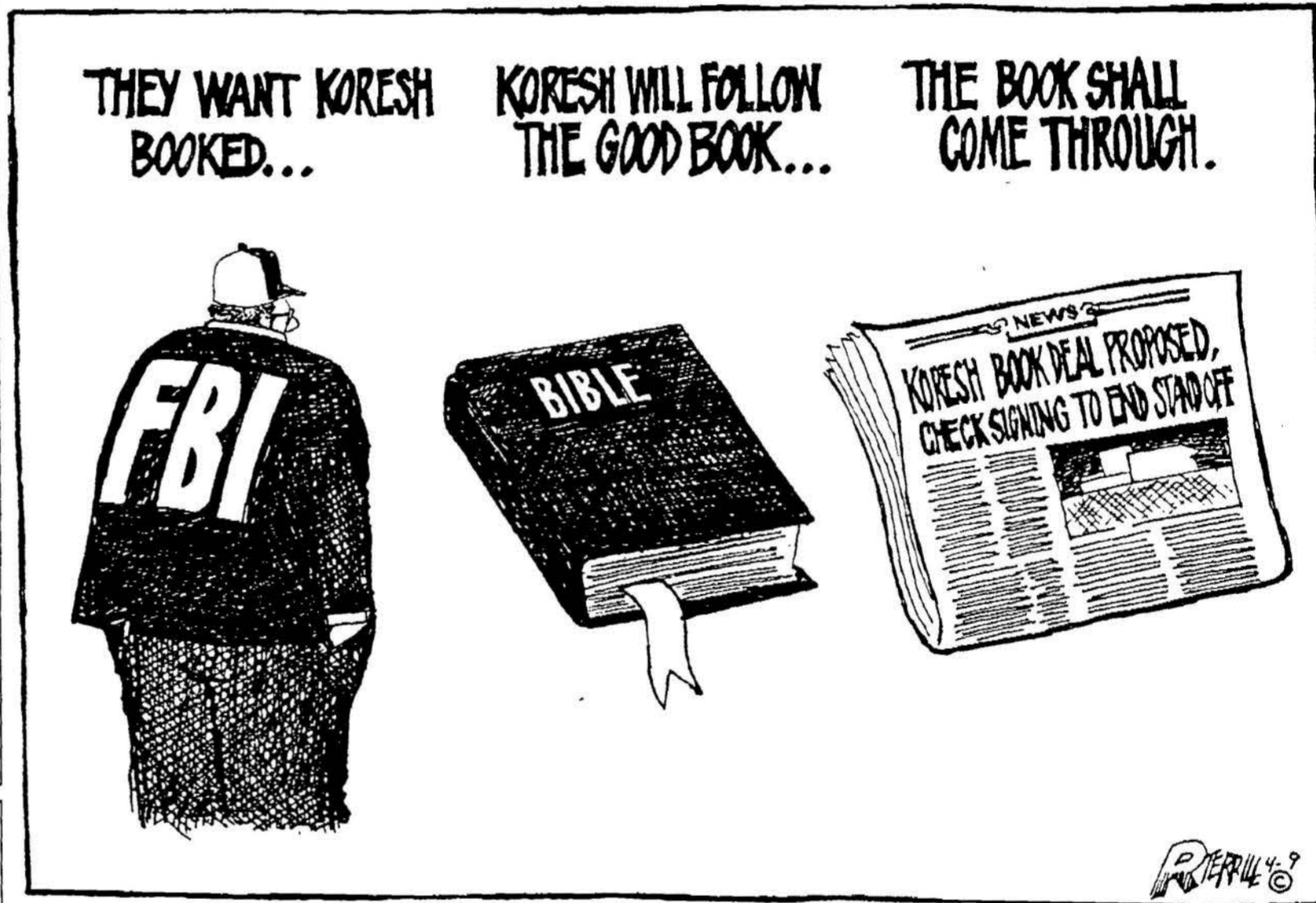
having to rely solely on my past experience, personality and character to sell my skills to prospective employers. Although I always knew this day would come, it is still scary to face the reality now that it has arrived.

Yes, Fort Hays State has been quite the safe haven for the past four years. It has always been there to show me the correct way when I had stumbled down the wrong path, and when I "wiped out," it was there to pick me back up.

I suppose it's only natural that I have the same fears as once again my stability is being taken out from under me.

But, as I leave the university and all the experiences, instructors and friends that have led me through the institution during the last few years, there is faith underneath all of my anxiety.

Because just like my training wheels, I feel the university has taught me well to travel down the path of life on my own.



Letters to the editor

Athletes need to do fundraisers

Dear editor,

This is a response to the letter in the April 6 issue of the University Leader written by Stacey Kisner, Plains freshman, concerning athletic scholarships.

I do not think Sharon M. Ginness, I earned junior, meant to knock athletes or their need for scholarships.

What she was saying was that athletes are not the only students on

campus in need of money.

I am a traditional student. I have worked for the last three or four years to earn money for a college education.

However, I would still be unable to attend this university without the help of scholarships and my part-time job.

Athletes do deserve the chance for scholarships just as much as any other students do, but they already have special scholarships and ways to earn

money.

Why not have the students pay in more for academic scholarships instead of athletic scholarships?

It's true that athletics add to a college experience, but isn't that what ticket prices go for?

International students add to the cultural diversity of our school and teach many of us about countries we may never see, but no one has asked for a special scholarship to award

these students.

I don't believe that the money I earn from my job should be used to put someone else through school when I'm barely making it myself.

Why not have athletic fundraisers?

These people have just as many opportunities to raise money as the rest of us do, they just need to do it.

Sharyl Soellner
Jared freshman

Caption, classification trashed

Dear editor,

Although we want to search for junk by Gross Memorial Coliseum, I don't think the caption to our picture was trashed last Friday in Tuesday's edition of the University Leader.

Unfortunately, it became the latest occurrence of typos and incorrect in-

formation on the part of the Leader staff.

Diligent investigative reporters should make sure that the information they print is as correct as possible.

If information like name, hometown and classification is incorrect, how can readers be expected to trust the contents of an entire article?

My last name was incorrectly

spelled and my correct classification is graduate not senior.

All of this occurred despite the fact that any pertinent information required could have been obtained by simply picking up the phone.

Also subjected to the same maladies year after year is the staff of the Reveille. Often times captions are incorrect or even placed under the

wrong picture.

Another problem is organizing an article so that the story appears along with accompanying photos. For example the article related to the junk search picture appeared in the previous edition on Friday, April 2.

Tim Phlieger
Russell graduate student

Editor's note

Editor's note

The University Leader would like to correct two mistakes in the April 6

edition of the paper.

The first error was in the misspelling of Jason Fawver's name. Scott Schwah's vice presidential running

mate, in the "Candidates debate" story

The other mistake was in the outline of "Searching for junk." Tim Phlieger's, Russell graduate

student, name and classification were wrong.

We apologize to these people on behalf of the Leader.

Campus/Community
Briefs

Hours to change

Forsyth Library will be altering its hours for Easter weekend.

Forsyth will be open today from 8 a.m. to 4:30 p.m. and tomorrow from 9 a.m. to 5 p.m.

The library will be closed all day Sunday and will resume regular hours Monday.

Tickets for sale

Tickets for the National Intercollegiate Rodeo Association rodeo went on sale Wednesday for \$4 with student I.D.

The rodeo will be at 7:30 p.m. Friday and Saturday, April 23-24 and 1:30 p.m. Sunday, April 25.

Group to meet

The Kelly Center's group "Lighten Up" starting day has been moved back a week. It will begin at 7 p.m. Tuesday, April 13, in the Kelly Center.

Editor position open

Hispanic American Leadership Organization is looking for a newsletter editor.

The position does not require that one is a member of HALO or hispanic.

The requirements are that the newsletter editor be willing to work hard, work with other groups on campus and have good public relations.

For more information, contact Eddie Tejada, coordinator of student services, at 628-5923.

HALO to meet

Hispanic American Leadership Organization meetings are still being held at 7 p.m. Mondays at the Catholic Campus Center.

Enchiladas for sale

The Hispanic American Leadership Organization will have an enchilada sale Saturday, April 24.

The cost will be \$5 for one half-dozen and \$10 per dozen.

For more information, call Eddie Tejada, coordinator of student services, at 628-5923.

Art show free

The public is invited to a free art show, Wednesday, April 21, from 10 a.m. to 1 p.m. in Gross Memorial Coliseum on the Fort Hays State campus.

The annual high school art exhibition and conference is sponsored by the FHSU art department and will feature art work by more than 1,000 students from over 60 western and central Kansas high schools.

Gordon Sherman, an internationally known printmaker from Mound City, will judge the contest.

Support offered

Living with Cancer, an education and support group for persons and their families affected by cancer, will meet at 7 p.m. Thursday, April 15, in the lobby of the Outpatient Oncology Department in the South Annex at the St. Anthony Campus of Hays Medical Center.

For further information, please contact Connie Wittman, R.N., M.N., O.C.N., at the St. Anthony Campus, 623-2378.

Gala III celebrates birthday

Stephanie Baccus
Staff writer

The Beach/Schmidt Performing Arts Center is three years old this weekend, and Fort Hays State is throwing a birthday bash to celebrate.

"Gala III" is three evenings of musical entertainment on April 15, 16, and 17, to celebrate the opening of the performing arts center three years ago.

"When the facility was ready to open, Dr. Hammond figured that we needed something to really get it off to a big start, so that was the reason it was created," IB Dent, director of student activities, said.

"Gala III" begins with the Kansas City Symphony, coming in as part of the Encore Series, at 8 p.m., Thursday, April 15, at Beach/Schmidt.

"It was very difficult to get them, moving 80 people and instruments around is quite expensive. We were very lucky to get them," Dent said.

"It should be an exciting show. The soloist is an excellent pianist, who's just super," he said of Lydia Artymiw, who will be playing with the symphony Thursday night.

Highlighting the weekend is Friday night's performance of "Give 'em Hell Harry!" starring veteran actor Kevin McCarthy as President Harry S. Truman. McCarthy has an extensive listing of stage performances, including "Death of a Salesman," for which he won the Obie Distinguished Acting Award.

"He probably is the most famous for stage work, but he's done a lot of movies and TV stuff, too," Dent said.

He has appeared in film and television shows like "The Howling," Steven Spielberg's "Twilight Zone," "The Invasion of the Body Snatchers" and "Murder She Wrote," according to a flyer sent out by the Memorial Union Activities Board.

"He's the biggest name we've had on campus for years, as an actor," Dent said.

Tickets for Friday night's show are \$11 for students.

"This show would be, in Kansas City, 25 bucks or more," Dent said.

"[Friday] night there is also a big reception before the play where we bring in the large donors, and there will be a program in the ballroom here, a real fancy reception for people who have contributed to Fort Hays," Dent said. He said the reception is a way of saying "thank you" to the contributors.

"You can watch 'Murder She Wrote' sometime and say, 'Gosh, I saw him live.' It's not very often you have that opportunity," Dent said.

Finally, Saturday night will feature the entire FHSU music department as they perform the Star Spangled Musical Collage.

"The great thing about this show is there's bands, there's symphonies, there's singing performers, just a great variety of types of music being presented," Dent said.

The collage would focus on an American theme this year.

Dent said "It's a show that I think students will thoroughly enjoy and it's as reasonably priced as you can possibly get."



Travis Morisse/University Leader

Mini 500

Roger Herren, Colby senior, plays with a remote control car in the parking lot next to his apartment on the corner of Seventh and Ash Streets yesterday afternoon. Many Fort Hays State students were taking advantage of one of the first sunny spring days in the past week. According to weather reports, warm temperatures will remain through Easter weekend.

Springwell presents idea of good health

Stephanie Baccus
Staff writer

Getting stressed out over papers due? Not feeling well this spring? Need a break from the winter blahs? Fort Hays State would like to present to you Springwell '93.

"The idea of Springwell is, and it has been going on for a few years now, to get people more in tuned with their mind as well as body," Paul Basinski, assistant professor of political science, said.

Springwell is a week of events centered around learning about well-being and practicing good health activities and having a good time.

Springwell begins on Monday, April 12, with "Pet Therapy" from 10 a.m. to noon in the Sunset Lounge of the Memorial Union. The Human Society will bring in pets from the shelter.

"That will provide an opportunity for people to just enjoy the pets, because it's been proven that there is a relationship between pets and people and relieving stress.

"And if the idea of adopting a pet occurs to them, then I'm sure it can be worked out," Basinski said.

Environmental Day is Tuesday, April 13, but includes a can drive during the entire week leading up to Tuesday. SAGE barrels in the Memorial Union will be available to collect aluminum cans. Cash from the recycled cans will be given to charity.

Tuesday also includes a lecture by Basinski titled "101 Things You Can Do To Make The Environment A Better Place." He will be speaking at noon in the union cafeteria.

On Wednesday, professors can walk around in sweats if they prefer. President Hammond and the Council of

Deans have endorsed a day when participants may wear "attire which is appropriate for walking," according to a Springwell poster plastered around campus.

Known as "Chill Out Day," it will include a "Poker Walk" from 11 a.m. to noon. Two laps around the campus quadrangle is almost a mile and a half. "Dealers" will hand out cards and prizes will be given for the high and low poker hands.

Richard Gardner, M.D., clinical professor of child psychiatry at Columbia University, will present a lecture entitled "Raising Healthy Children" at 7 p.m. Thursday, April 15.

Friday, April 16, includes a penny carnival, with activities available for a penny and up.

The first 200 participants to register will receive a roll of 50 pennies. Activities will be in the Quad from 11 a.m. to 1 p.m., and music will be provided by No Boots Reshelter.

Saturday begins with the second annual Healthy Hays 2000 Wellness Walk at 8:30 a.m. from Downtown Hays to the Mall, and the 5K Fun Run starting at the Mall at 8 a.m.

Hays Medical Center Health Fair will begin Saturday at the Mall at 10 a.m. and will last until 3 p.m.

Springwell concludes with Family Walk Day, described as "a stroll along the dike."

The walk begins at 1:30 p.m. at the Memorial Union, and there will be a drawing for prizes. The 5 mile March of Dimes Walk America for healthier babies will begin at 2 p.m., with registration at 1 p.m. across from the Memorial Union.

"The general purpose of the week is to get people to think about good health and well being through learning about the relationship between mind and body," Basinski said.

"The idea of Springwell is... to get people more in tuned with their mind as well as body."

Paul Basinski, assistant professor of political science

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Community Welcome

Presents **DKG**

Experience The Sounds from their new album "With The Lights Out"

Wednesday, April 14
8:00 p.m.
The Backdoor

"From blues to ballads country to cutting edge"

General Public \$3.00
FHSU Students \$1.00
FHSU Faculty/Staff \$2.00

Fort Hays State University proudly presents

Gala III

A STAR SPANGLED MUSICAL COLLAGE

APRIL 17TH - 8:00 P.M.

JAZZ HUMOROUS POPULAR CLASSICAL

COMMUNITY GROUPS FHSU MUSIC DEPARTMENT

BANDS CHOIRS ORCHESTRA

Tickets Now Available In The Student Service Center Or By Phone - 628-5308.

Special FHSU Student Prices.....\$4.00

"A FUN FILLED MUSICAL TREAT FOR THE ENTIRE FAMILY"

Fort Hays State University

"BRILLIANTLY FUNNY!"
"MEMORABLE"
"MAGNETIC"

McCarthy is a gifted, well-known actor, winner of the Obie Distinguished Acting Award, with many Broadway credits including "Two for the Seesaw", "Cactus Flower", "Death of a Salesman"; along with many screen credits including "Hotel", "The Prize", "The Howling", "Twilight Zone". Over 30 years of stage experience provides McCarthy with the skill to portray Truman, an extraordinary president!

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Internships offer 'real world' work

Stephanie Baccus
Staff writer

Too often, students are faced with looking for a job to gain experience and are turned down due to lack of experience. What is the answer for this "Catch-22?" For many students, the response is internships.

What is an internship? Dan Rice, director of career development and placement services, said an internship is a temporary job, usually within a student's specific major or area of study.

However, Rice said some are available for students of all majors.

Internships provide the student with invaluable experience in the real work field that can lead to a job after graduation. Rice said they can last from a semester out of school to a few weeks anytime to a summer position, which is the most common time span.

Examples of internships are if a political science major traveled to Washington, D.C., for the summer to work in some aspect for the federal government or if an accounting major worked for a firm like Koch Industries over the summer. For public relations majors, openings in marketing are an option.

"Students can get college credit for an internship if they work it out with the department chair or their adviser, or they can receive pay and credit, or no pay and no credit, simply a volunteer basis, or only pay, no credit. It's up to the student, usually," Rice said.

So who is eligible for internships?

"Some companies want juniors

who will graduate the next year; they look for them as potential employees," Rice said.

However, he also said companies ask for freshmen and sophomores "who will repeat year after year so they have more 'real world' work experience that makes them a better candidate."

In addition, seniors graduating in December will often take summer internships, although most who graduate in May go straight to a long term job.

But why would anyone want an internship, and how important are they in finding a job after graduation?

"Invaluable," Rice said. "They're very important."

"One of the things employers are looking for now are students with career-related work experience."

"If they have seen this individual has experience in the work field, then they know this person is a good risk to hire, as opposed to someone who has little or no experience in the same field," he said.

However, Rice said most deadlines are around Feb. 15 to March 1, but some do extend as far as mid-April, so interested individuals should be looking now to catch what openings are still available.

Anyone interested in an internship has several options. Information can be obtained at the Career Development and Placement Services Center in Sheridan 214.

"Plus, most departments have internships available," Rice said. He suggested students speak to their department chairs or advisers.

Rettig elected to office

Kelly Freeman
Copy editor

A Fort Hays State assistant professor of special education was elected vice president of the Kansas Division for Early Childhood during a state convention in Lawrence on March 5.

Michael Rettig will begin his duties as vice president in July and will become president of KDEC in '94.

KDEC is a subdivision of the National Council for Exceptional Children which is the largest organization in the nation involved with early childhood special education.

Rettig said the NCEC enhances awareness about special education, professionalism and developments within special education.

"The NCEC is responsible for conferences, several professional publications and has helped to get legislation passed that helped to provide equal rights for the disabled," Rettig said.

Rettig has been an active member of the KDEC for approximately 15 years and is very flattered to be serving in this capacity.

"I'm very flattered. I think it will really be interesting and I will learn quite a bit from other individuals around the state. The only problem will be travel time due to living in the western part of the state," Rettig said.

Rettig will be in charge of assembling the state conference in the spring of '94 and also for putting together and sending out a newsletter for members two or three times a year.

"The newsletter is actually a resource guide for KDEC members in the state and for others who chose to receive one," Rettig said.

Rettig will also represent the state at the national conference in San Diego next fall.

Overall, Rettig said he is looking forward to his new job.

"I'm looking forward to making new contacts and putting forth input about where this organization is going," Rettig said.

Anne & Andy's Reel Review

This week's feature: "Indecent Proposal"

Rating: AA1/2 (a decent rental choice)

Las Vegas definitely has not been getting what one would call favorable reviews when it comes to vacation get-aways for young couples in love.

After the fiasco presented in last summer's flick "Honeymoon in Vegas" and the recent release of "Indecent Proposal," the city of lights may bring luck in cards but definitely not love for Hollywood.

In the recent film set in this desert oasis, we are introduced to a young married couple, down on their luck and in need of a fast buck to save their dream house.

David and Diane Murphy (Woody Harrelson and Demi Moore) are just about at the door of welfare when billionaire John Gage (Robert Redford) surfaces with an indecent, but irresistible offer.

Gage wants just one night with the beautiful Diane in exchange for \$1 million, putting a new twist on the old cliché of "money can't buy happiness."

ANNE'S VIEW: It's quite obvious John Gage never listened to the Beatles' infamous classic "Can't Buy Me Love." Or at least he did not believe it.

This film really takes a look at just how far people are willing to go when a desperate situation has them up against a wall with no escape in sight.

I felt the director did a nice job of setting up the despair surrounding the situation and led the audience to feel the hopelessness of the Murphys' situation.

However, that is where I feel the film began to

fall apart. We are able to be drawn into the offer with Diane, but that is where our intimacy in the plot ends.

After the proposal is accepted and played out, we are shut out of the characters' feelings and reactions to the situation, leaving the audience with some loose ends that never quite get tied up.

Moore and Harrelson give powerful and over-emotional performances but it is not enough to keep this slow flick going.

I had high hopes for this one, but I guess they were "indecent expectations."

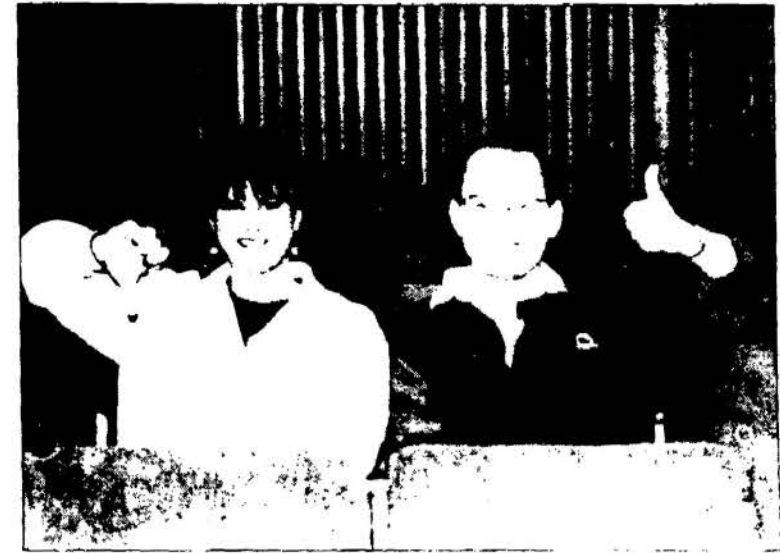
RATING: AA (YOU CAN WAIT FOR THE VIDEO)

ANDY'S VIEW: \$1 million. Think about it. For some people, \$1 million would take away all of their problems, at least some of them anyway.

But for some other people, the big bucks just add to their problems.

In this flick, our main characters are faced with the problem of confronting their morals and beliefs. The biggest problem lies in the question of enduring love after a night of promiscuity and infidelity.

When our main characters are first given the proposition, it is a definite NO. But after some



consideration and looking at their financial state, they decide to take Redford's proposal, indecent or not.

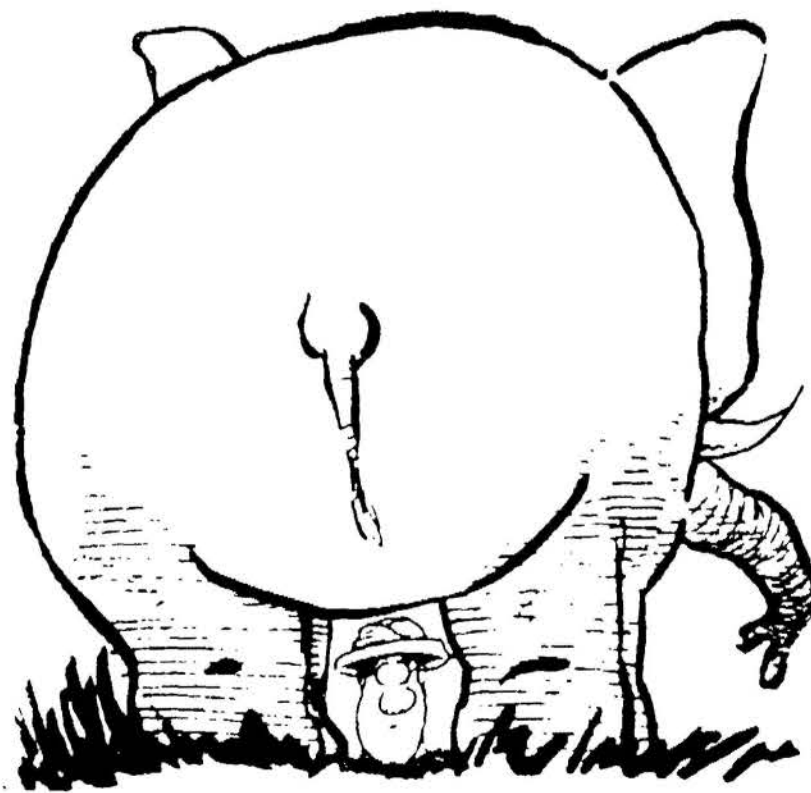
The main conflict of this film deals with Harrelson's character and his jealousy after the million dollar night.

Harrelson and Moore do a great job in their roles. They give us a young couple, madly in love and show how money can muck up their relationship. In the end, the audience must wait to see if true love will conquer all.

RATING: AAA (A DECENT FLICK)

"Indecent Proposal" is rated R and is showing at the Fox Theatre, 1202 Main St., along with "Sand Box," rated PG. The Mall Cinema, 2925 Vine St., is showing "The Adventures of Huck Finn," rated PG, along with "Cop and a Half," rated PG.

THE END IS NEAR.



Deadline for
1993 Summer and Fall
University Leader
applications are due
5 p.m. Friday, April 16.

Return applications to
Linn Ann Huntington's mailbox-
Journalism Office Rm. #355
or Picken Hall Rm. #104.

Applications can be
picked up in Picken 104.

INTERESTED IN BEING A V.I.P.?

V.I.P.'s serve as hosts and hostesses for Fort Hays State University. This volunteer group assists in the President's home and at many important events, greeting guests and visiting dignitaries.

Application forms are available in the President's Office, Sheridan Hall 312, for membership in this prestigious service organization.

Fifteen minute interviews will be individually scheduled for the afternoon and evening of April 28 and 29.

Deadline for applications is April 19 at 5:00 p.m.



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Amy McClure, Tescott sophomore, a student observer at the Early Childhood Developmental Center, looks at an Easter egg found by Ben Moses, 4, son of Roger Moses, Hays, following an egg hunt yesterday at ECDC. Delta Zeta sorority members assisted the event.

Hide-n-seek Delta Zetas assist ECDC children in Easter egg hunt

Rebecca Loffon
Staff writer

Zeta has staged the Easter egg hunt for the children.

They hid the eggs on the playground at ECDC for the children to find.

Susan Bittel, communication relations director of the ECDC, said, "We sure appreciate their enthusiasm and willingness to put on an activity such as this for the children."

Bittel said the children also enjoy the young women of Delta Zeta as they serve as role-models for the children and set good examples.

"They help the children to learn that sometimes it's more important to give than to receive and maybe they'll carry that on with them later in life," Bittel said.

The children involved in the activity are those in the afternoon care program at ECDC. The ages of the children range from infant to six years-old, Bittel said.

The children also received Easter baskets from the residents of McMinds and Custer Halls, Bittel said.

"That was a wonderful surprise," Bittel said.

With Easter just around the corner, the day care children of the Early Childhood Development Center, 94 Lewis Drive, were in for a treat from some of the Fort Hays State students.

Yesterday at 3:30 p.m., the members of the Delta Zeta sorority staged an Easter egg hunt for the children of ECDC. The hunt lasted approximately one half-hour.

Jennifer Ratzlaff, Bird City senior, said, "We do this primarily because it's campus-based and we enjoy the little kids."

"It also gives the kids a chance to experience Easter."

All sororities and fraternities are involved with philanthropy work. This means they take on various activities each year for the benefit of other organizations.

The members of Delta Zeta chose to donate some time to ECDC, Ratzlaff said.

This is the second year Delta

Rope 'Em Ride bike-a-thon needs volunteers

Melissa Chaffin
Senior copy editor

Volunteers are needed for the Rope 'Em Ride bike-a-thon Saturday and Sunday, April 24-25. The bike-a-thon is being co-sponsored by the Hays Jaycees and the Early Childhood Development Center, 94 Lewis Drive, in

conjunction with the Hays Days events.

Susan Bittel, communication relations director of ECDC, said volunteers are needed to fill various positions.

Bittel said the volunteers will assist in carrying out the Hays Days theme "to the extent that they can with costumes and props."

She said the theme can be carried out by producing outlaws, forts, can-can girls and other characters of the Old West all along the route of the bike-a-thon.

Bittel said they are looking for volunteers to help with rest stops called sags which will be located every five to 10 miles.

"We need people out on the road

to make sure they're (riders) OK and provide food and beverages," she said.

Also, Bittel said, they need volunteers to assist with serving the two meals, a pancake feed in the morning and a steak dinner.

Another volunteer is needed to follow the last runner in a car to make certain everyone is alright.

Bittel said the time commitment will be two to three hours.

"It really kind of depends on what pace the riders ride at," Bittel said.

Anyone interested in volunteering can contact Bittel at ECDC, 625-3257, by Tuesday, April 20.

Bittel encourages anyone to volunteer.

"This is one way for people to get involved in Hays Days and it's also an organization they can help for a good cause."

"Every dime that's raised goes to special needs children. There's a variety of children with various

needs at ECDC," Bittel said.

She said 25 businesses and organizations have formed teams to raise money to support funds for the children of ECDC.

"Those riders deserve to be treated well," Bittel said.

Although this is the fifth year for the Rope 'Em Ride, Bittel said she expects this year to be a bigger success than in the past.

"We're expecting this year to be more successful. In the past, we've geared the ride to long distance riders. We're also trying to get the community involved."

Safety tip Vehicle laws also apply to bicycles

Crystal Holdren
Editor in chief

The safety tip this week deals with the Kansas bicycle safety code, John Walz, campus police officer, said.

"Kansas Law states that motor vehicle traffic laws apply to persons riding on bicycles and they shall be subject to these laws the same as if driving a motor vehicle," Walz said.

He said there are 12 codes people must follow and they are:

- Have a light on the front and light or reflector on rear of your bicycle and reflectorized pedals.
- Always turn light on at dusk or when riding through rain, snow or fog.

- Keep to the right and ride in a straight line, never more than two feet left.

- Observe all stop signs, traffic signs and signals.

- Give hand signals at any location when changing the direction of the bicycle and always dismount at the curb or far right side.

- If you ride on the sidewalks, use extra care always giving the pedestrians the right of way.

- Never carry more riders than what the bicycle is designed for and never carry items that obstruct vision or prevent proper control of the bicycle.

- Never attach yourself or the

bicycle to any moving vehicle or attempt fancy or trick riding or any sort of game playing on any street. Never take both hands off the handlebars at the same time.

- All bicycle riders must stop before coming out of private driveways and alleys.

- Be sure your brakes are operating efficiently and that your bicycle is in perfect running condition, by frequently checking the parts.

- Never ride upon anything other than the permanently attached seat the bicycle was designed for.

- Always ride carefully and be alert.

- Never weave in and out of traffic or swerve from side to side. Never make a sudden turn or U-turn without carefully looking first.

- Walz said, "Traffic Laws make it possible to travel with reasonable speed and safety. If everyone understood and obeyed the laws there would be fewer accidents."

Bicycle registration cards are available, Walz said, at the Fort Hays State police department or at the residential halls.

"Bicycle racks are available throughout campus. Please use the bike racks because chaining your bike to a pole or anything other than the bike rack is a violation of Fort Hays State's policy," Walz said.

Hays Days Committee busy with preparations

Tracy Whitlock
Features editor

Hays Days is just around the corner and the Hays Days Committee is busy in preparation for the ninth annual event.

Sharon Dreher, co-chairman of the Hays Days committee, said everything is "on schedule and moving right along."

Hays Days is a city-wide festival sponsored yearly by the Hays Chamber of Commerce. This year's event will take place April 23-25.

Mary Thompson, committee member, said Hays Days "promotes the history of early Hays."

The weekend is full of activities including arts and crafts, musical entertainment and the Fort Hays State Rodeo.

Many activities are free; however, some require a badge to enter. The badge costs \$1.25 and is available at the events, The Mall, the Hays Area Chamber of Commerce and various participating businesses.

The badge admits one free to "Jambalwoods and Tenderfoots" at Historic Fort Hays. This is a theatrical presentation which features over a dozen characters

from the Wild West.

The badge also includes admission to the performance of the Alferd Packer Memorial String Band and the Hays Days Barbecue.

Thompson, who is chairman of the barbecue committee, said they are prepared to feed 1800 people.

The badge also provides discounts for the FHSU Rodeo, horse drawn wagon rides, the dragon moonwalk and at participating retail businesses.

Dreher said planning for the next Hays Days starts taking place as soon as the current one ends.

"It is a year-long project," she said.

In January, the group starts forming committees and really getting to work.

Dreher said Hays Days is generally thought of as a retailers' project but it is a city function.

"We want to get the city more involved."

This is Dreher's first year on the committee and she said she has really enjoyed it. "It's a really fun project."

"We've really got a lot to offer in three days. It's a chance to kick back and enjoy things we don't usually have in Hays."

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ENCORE

SEPTEMBER 1993

MYAA Presents

The Kansas City Symphony

Thursday, April 15 - 8:00 p.m.

William McGlaughlin
Music Director & Conductor

Lisa Anjima
Soloist

The Kansas City Symphony is pleased to announce the return of the McGlaughlin family to the Kansas City Symphony. Since William McGlaughlin's appointment as music director in 1986, the Symphony has been recognized with ten national and six international awards. An album recorded on the Grammy-winning RCA Red Seal label has been released.

Lisa Anjima will be the featured soloist performing the Piano Concerto in G major, Op. 24, by Franz Liszt. She has also performed with the Kansas City Symphony in the past and has been a member of the orchestra since 1986.

The Kansas City Symphony provides the perfect program and an exciting performance during the season in the Beach School Performing Arts Center.

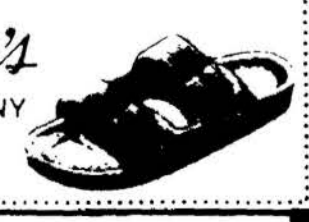
Program	"On the Town" Three dance episodes
Repertoire	Piano Concerto in G Major, Op. 24
Soloist	Symphony No. 5

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Take me out to the ballgame



Travis Morisse/University Leader
 Ted Carder, Sterling senior, pitches during a men's league intramural softball game yesterday on the intramural fields south of Cunningham Hall.

Linksters earn 16th at KickingBird tournament

Christian D Orr
 Sports/Managing editor

The Fort Hays State golf team completed their second tournament of the weekend Tuesday by placing 16th in the 20 team field Central Oklahoma Classic at KickingBird golf course in Edmond, Okla.

The Tigers completed the three round tournament with a team score of 988 points.

Jeff Dinkel took home the high honors for the Tigers by shooting a three round score of 241 (77-86-78). Dinkel's score was not good enough to place him in the top 10.

Abilene Christian University of Texas took the team title with a score of 902. Southwestern Oklahoma State University took second place with a score of 912. Oklahoma City University placed third with a 914 three round score and Phillips University of Oklahoma placed fourth with a 918.

East Central University of Oklahoma placed fifth with 920, Cameron University of Oklahoma placed sixth with 922, Central Oklahoma University placed seventh with 925, Southern Colorado University placed eighth with 930, East Texas State University placed ninth with 933 and Southwest Baptist University of Missouri placed 10th with 942.

Tartleton State University of Texas placed 11th with 949, Southwestern College placed 12th with a score of 957, Mary Hardin-Baylor University of Texas placed 13th with 957, Northeastern State University of Oklahoma placed 14th with 958, Emporia State University placed 15th with a score of 976, FHSU placed 16th, Benedictine College placed 17th with a score of 1020, Southeastern Oklahoma State placed 18th with a score of 1022, South Dakota State University placed 19th with 1050 and Kansas Newman College withdrew from competition.

ACU's Jeev Singh took the individual title with a score of 212 (70-71-71), Don Stokes of SWOSU, SCU's Chris Finn, and OCU's Mark Clemons all tied for the second place spot with scores of 223. Stokes shot 73-74-76, Finn shot 75-72-76 and Clemons shot 72-76-75.

TSU's Kyle Burns and ACU's Marcus Cain tied for fifth in the tournament with scores of 224. Cain shot 74-71-79 and Burns shot 74-75-75. Dustin Wigington of CU placed seventh in the contest with a 225 (75-73-77) and Phillips' Mike Collins and ECU's Chris Grace tied for ninth with 226. Collins shot 74-76-76 and Grace shot 70-76-86.

Other Tigers' scores were Brian Neal with a 246 (81-85-81), Ryan Ketter with a 250 (86-83-81) and Rob Pettit with a 251 (84-79-88). Burton Haney also competed in the first two rounds of the tournament for the Tigers but he was forced to withdraw after the first two rounds of the tournament. Haney shot 86 and 90 in his first two rounds of competition.

The next outing for the Tigers will be April 12-13 when they travel to Wichita to compete in the Jet Classic.

Tigers break into Top 25

Christian D Orr
 Sports/Managing Editor

National Collegiate Athletic Association Division II schools around take notice, Fort Hays State has arrived.

For the first time in the history of FHSU, an athletic program has been ranked in the Top 25 of the NCAA Division II rankings.

The Tiger baseball team became the first program in the history of FHSU to be ranked in the nation when they ranked 23rd earlier this week.

The Tigers earned 123 points in the rankings for the number 23 spot. Armstrong State received the top spot in the poll by receiving 480 points. Armstrong State has a record of 35-4-1 while the Tigers, at the time of the polling, had a 17-2 record.

Since the polls were announced, the Tigers have dropped two games to the University of Kansas Jayhawks who are currently ranked 17th in the NCAA Division II national polls.

The Jayhawks won the first game of a Monday doubleheader by a score of 4-0 and won the second by a score of 13-1. The nationally ranked Jayhawks held the Tigers to just four hits in both contests.

The Tigers are currently in Denver competing in the Denver Metro Tournament.

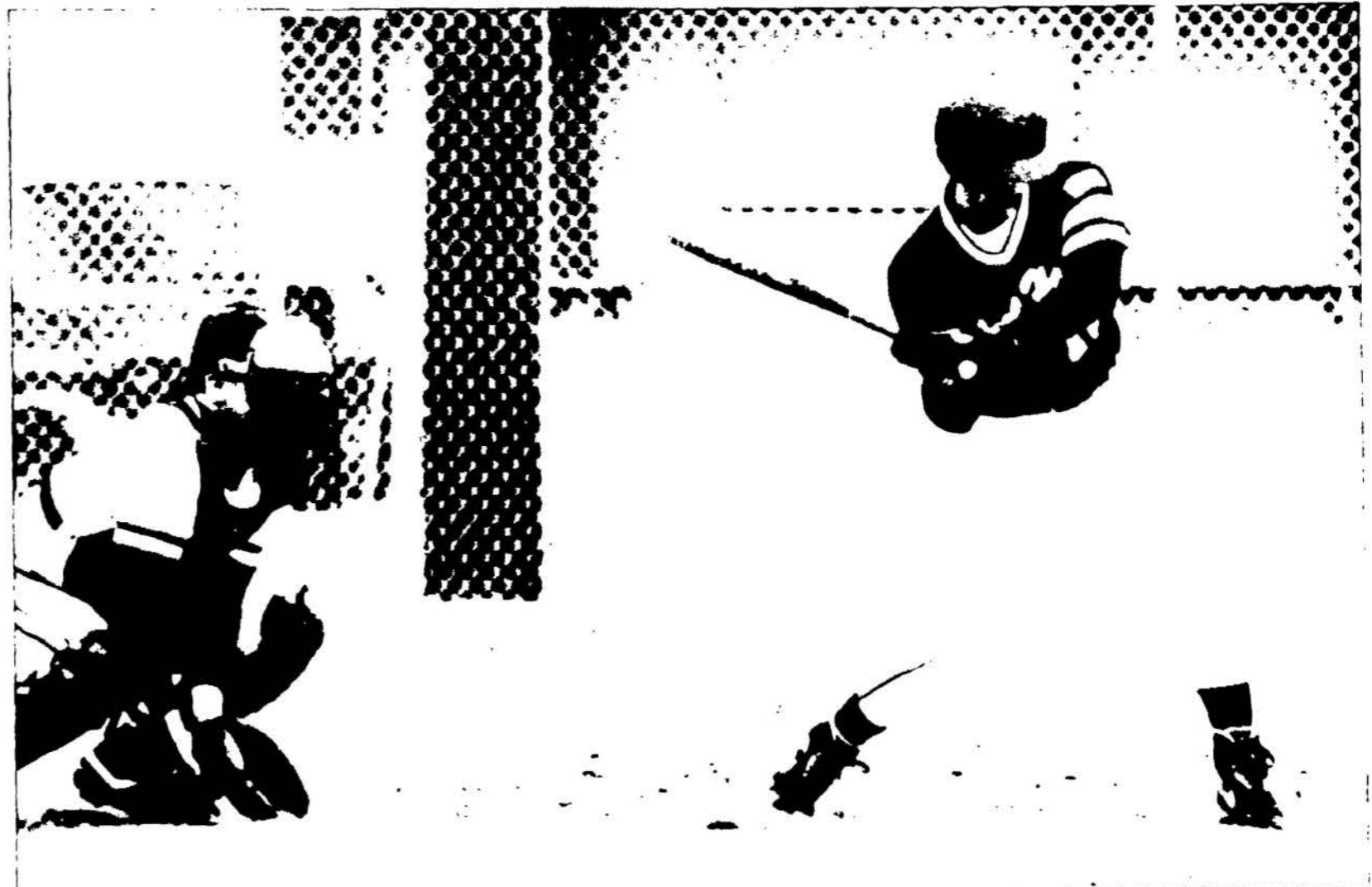
FHSU faced Metropolitan State University of Colorado and Northern Colorado University in the first and second rounds of the tournament

yesterday but results of the contest were not available at press time.

Today the Tigers are competing in the third and fourth round games and tomorrow they will compete in the fifth round and if they qualify they will also play in the championship game Saturday afternoon.

The Tigers are scheduled to play Denver University in the third round, Mesa State College in the fourth round and Colorado School of Mines in the fifth round.

NCAA Division II Top 25	
Records are through April 4	
1	Armstrong State 33-4-1
2	Tampa 25-14
3	Florida Southern 26-8
4	North Alabama 23-9
5	Sopchery Rock 17-3
6	UC Davis 23-9
7	Florida Atlantic 26-7
8	Virginia State 22-9
9	CS Dominguez Hills 23-11
10	S.C. Aiken 26-12
11	GA Inst. Tech 19-17
12	Jacksonville 20-7
13	Southern Indiana 17-11
14	Francis Marion 17-6
15	Missouri St. Louis 9-6
16	Troy State 21-6
17	Sacred Heart 3-1
18	Marquette State 9-1
19	UC Riverside 13-14
20	Longwood 15-4-1
21	Cent. Missouri State 14-5-1
22	Rollins 23-12
23	Fort Hays State 17-2
24	Sonoma State 20-10
25	Manfield 10-7



Travis Morisse/University Leader
 Fort Hays State's sophomore outfielder Hank Humpherys checks his swing during baseball action against New Mexico Highlands University March 17 at Larks Park. The Tiger's record is currently 17-4 after dropping two games to the University of Kansas Jayhawks at Lawrence Monday, 4-0 and 13-1. The Tigers are ranked 23rd in the NCAA Division II polls.

Bronc-busting Tigers place 8th, 9th at PSU

Kelly Freeman
Copy editor

Last weekend the Fort Hays State rodeo team traveled to Panhandle State University, Goodwell, Okla., to compete in the PSU rodeo. The team not only competed against other schools, but also with the weather.

Gary Brower, rodeo club sponsor, said Friday evening started out with cool but reasonable weather and turned to an uncomfortable "cool" with gale force winds, while Saturday was described as a "fine and pleasant misery" with a cold wind packing rain and sleet.

Both the men's and women's team members had a difficult time competing with such conditions.

Brower said throwing 80-ounce ropes into 40-mile an hour winds is equivalent to shoving spaghetti through a keyhole.

"The weather was completely against everyone and it was very difficult to compete," Brower said.

Brower said the sleet and 25 percent of the wind was eliminated on Sunday and the team had a reasonable performance.

"We had a reasonable athletic performance so maybe we did have a fine and pleasant misery," Brower said.

Overall scores for the PSU rodeo was for the men: Southwestern Oklahoma State University, first, and FHSU, eighth. For the women, it was Fort Scott Community College, first, and FHSU, ninth.

Qualifying scores and times for the short round:
Bareback riding, 59-74 points;

saddle bronc, 58-69 points; bull riding, 66-75 points; calf roping, 10-13.1 seconds; breakaway roping, 3.3-5.8 seconds; steer wrestling, 3.9-7.2 seconds; goat tying, 9.7-11.2 seconds; team roping, 7.3-9.8 seconds and barrel racing, 16.66-17.02 seconds.

Team results:

Team roping - Darin Alexander and Dave Alexander, no time; Darin Alexander and Jay Gates, 8.8 for 7th in long round; David Alexander and Buddy Darnell, disqualified; Tony Campidilli and Justin Ungeheuer, no time; Tony Campidilli and Jason Arndt, no time; Clay Preedy and Justin Ungeheuer, 19.8; Clay Preedy and Buddy Darnell, 20.2; R.A. Turley and Shane Henderson, no time and R.A. Turley and John Kester, no time.

Saddle bronc - Jim Brown, 67 for 2nd in the long round, no score in short round.

Calf roping - Greg Farney, 25.8. Steer wrestling - Clay Preedy, no time.

Bareback riding - John Staab, no time; Kerry Stewart, 59 in the long round to split a 10th and 11th place and R.A. Turley, 61 for a ninth in the long round and 52 in the short.

Barrel racing - Bobbi Bailey, average of 19.44 and Glenda Miller, 21.84.

Breakaway roping - Darla Eisenman, no time; Jill Garrett, 3.9 for third in long round and Laura Whittington, 7.1.

Tickets on sale now for FHSU Rodeo April 23, 24 and 25.

Students, \$4 per I.D.; Faculty, \$5; children under 6 accompanied by adult, free.

Thinclads face tough foe: MOTHER NATURE

Claudette Humphrey
Sports writer

Rain. Rain. Go away. Come back again some other day. (Preferably not on another one of the days when we have a track meet.)

That is the exact sentiment of the entire Fort Hays State men's and women's track squads as they have experienced a very wet beginning to their '93 outdoor season.

The Tigers had to compete in the rain throughout most of the events of the opening season meet at Colby two weeks ago, and this past Saturday, after traveling to Lindsborg to compete in the Swede Invitational, the meet was cancelled due to the poor weather conditions.

Coach Jim Krob said the meet officials made the correct decision.

"They started the meet and there was just a light drizzle, but it was cold. Then it started to rain hard and the wind started to blow. They made the right decision because someone could have gotten hurt," Krob said.

So FHSU had to make a return trip to Bethany College Monday for a make-up meet and once again the weather did not cooperate.

The Tigers did not take a full team back to Lindsborg because Coach Krob did not want the students to have to miss too many classes. Instead FHSU took only five women and 14 men and participated only in field events.

Despite the low number of team members who traveled to the meet, Krob said he was very pleased with the Tigers' efforts and felt the results were rather good.

There were 15 teams which competed in the meet with the Lady Tigers placing 12th and Garden City winning the women's division. On the men's side it was FHSU taking fourth while Hutchinson won the meet.

The men brought home two first-place wins.

Matt Bond took top honors in the shot put with a throw of 51'2 1/2" while Tarnell Pritchett came away



Travis Morisse/University Leader

Freshman long-jumper Jennifer Phelan stretches for inches during track practice yesterday afternoon at Lewis Field.

with the win in the pole vault with a jump of 15'.

Coach Krob said he felt those team members who did compete performed very well. He also said he believed the remainder of the squad was able

to get a really good workout in. "Since it was such a cold, nasty day we decided that we would keep the runners at home and get some hard training in which we did. I guess we'll find out if it did any good this

weekend," Krob said. FHSU will travel to Wichita State University Saturday to compete in the WSU Invitational and as of now the weather looks very promising.

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MUAB paid positions open for 1993-1994: Chairperson and Vice-Chairperson, Music, Publicity, Arts, and Lecture Chairpeople. Must pick up applications in MUAB office before interviews. Interviews are April 26, from 4:30 p.m.-6:00 p.m.

Cruise ships now hiring. Earn \$2,000+/month + world travel (Hawaii, Mexico, the Caribbean, etc.) Holidays, Summer and Career employment available. No experience necessary. For employment program call 1-206-634-0468 ext. C5774.

Volunteers needed for Chuck Howard Boy Scout Camporee, April 17. Call Lisa Heath 628-4276 or NTSO lounge 628-4308.

\$1,000 an hour! Each member of your fraternity, sorority, team, club, etc. pitches in just one hour and your group can raise \$1,000 in just a few days! Plus a chance to earn \$1,000 for yourself! No cost. No obligation. 1-800-932-0528, ext. 65.

Thinking of taking some time off from school? We need mother's helpers/nannies. We have prescreened families to suit you. Live in exciting New York City suburbs. We are established since 1984 and have a strong support network. 1-800-222-XTRA.

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SUMMER EMPLOYMENT. experienced combine or truck drivers needed for custom wheat harvesting operation. College credit available. Can help you get your CDL license. Work from May 15 to August 15 from Texas to Montana. Call Lee Lancaster (316)227-8821.

Greeks and clubs raise a cool \$1,000 in just one week! Plus \$1,000 for the member who calls! And a free light cooler if you qualify. Call 1-800-932-6528, ext. 65.

FHSU WELLNESS ADVOCATE

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Combat Test Anxiety

Reprinted from "About Test Anxiety," Channing L. Bete Co., Inc.

Test anxiety can be a major factor in the success of your final weeks. Adequate preparation is necessary. Sometimes being prepared isn't enough. If anxiety over a test becomes debilitating to you, first, try to relax. Then keep these test-taking tips in mind.

FOR SHORT-ANSWER EXAMS:

Budget your time-Estimate how much time you have to answer each question. If some questions are worth more points than others, plan to spend more time answering them.

Do easiest questions first-Don't dwell on a particular question. You may come up with the answer as you work on a different question.

Answer each question-Write what you do know even if you don't know the complete answer (Writing may spark your memory.)

Use the full time allowed-Never leave early. Review your answers, make corrections, add more information, etc.

FOR ESSAY EXAMS:

Read all questions first-Underline key words, such as "discuss," "explain," and "compare." Then jot down your thoughts.

Start with the easiest question-Organize your thoughts into a simple outline. Draft your answer, leaving space between lines and in the margin for corrections and rewrites.

Be realistic-Answers should be logical and clear, but they don't have to be literary masterpieces! Use simple sentences to make your points.

Answer more difficult questions last-Use the same technique. When you're finished, go back and add more details, illustrations, etc. and correct any errors. Make changes as neatly as possible.

FOR OBJECTIVE EXAMS:

Solve in the order given-Answers to previous questions may help you to answer questions later in the exam.

1. Solve In The Order Given

Answers to previous questions may help you to answer questions later in the exam. But, don't get hung up on the tough questions. Leave them and move on. (Circle the ones you "skip.") Return if time permits.

2. Read Each Choice Carefully

Beware of words like "often," "sometimes," and "always." Select the answer that's most correct. (Even wrong answers may be partially true.)

3. Think As You Read

Multiple choice questions can be tricky. Be sure you understand what's being asked.

4. Finish The Exam

Then go back to any questions you skipped, and use all the time allowed. Narrow down the choices as best you can, then make an educated guess.

Give the Gift of a Lifetime

Each year, mostly through some tragic mishap, some 20,000 individuals in the U.S. alone are left brain dead. Unfortunately only about 2,500 actually become organ donors. Many times families are passed by and not offered the option to donate.

Studies have shown that 7 out of 10 families will donate organs, if simply offered the opportunity. Experience has shown that offering these families the option to donate helps them to restore a sense of control, purpose, and ultimately comfort in what would otherwise be a senseless and tragic situation. It helps them to know that through their gift, another person's life may be saved, or the quality of life restored.

For all of these reasons, the Association of Nurses Endorsing Transplantation was formed to provide the avenue to unite nurses and other health care personnel, to network information, and to educate the public, as well as professionals in tissue and organ donation and transplantation.

National Organ and Tissue Awareness Week is April 18-24. Stop by their table at the Poor Person's After Tax Extravaganza and Penny Carnival to see how you can help.

Wellness is More Than Just Another SOSPIE

By Jim Nugent, coordinator of Drug Alcohol Wellness Network

Next week is Springwell, the week set aside at Fort Hays State University to encourage students, faculty and staff to consider their life-style choices and motivate each person to take positive steps toward a healthier self. The six dimensions of the wellness model used here are SOCIAL, OCCUPATIONAL, SPIRITUAL, PHYSICAL, INTELLECTUAL AND EMOTIONAL. A good way to remember those dimensions is with the acronym SOSPIE. The activities found in Springwell are mentioned elsewhere on this page, but the road to higher level wellness doesn't end with Springwell.

As this is being read, Holy Week, the time when Christians around the world celebrate their spirituality is in progress.

The annual Spring GALA which will take place April 15 through 17 will allow participants to expand their cultural and social horizons.

April 22, the FHSU Spring Fling fashion show and luncheon takes place. This event is designed to show appreciation for university employees.

April 26 through 29, the FHSU Student Health Center sets aside four days for FACULTY/STAFF APPRECIATION WEEK when a variety of free physical screenings will be available. Even though the Springwell Committee doesn't officially sponsor them, these are occupational wellness events and we applaud and support the organizers.

As the spring semester draws to a close, take time to reflect on the activities which you are participating in and try to determine which dimension of wellness is being impacted the most.

The Power of Touch By Karen Jorg

Of all the senses, touch is the first to develop. The holding and cuddling that we receive as babies help us to build a healthy image of ourselves, and to nurture the feeling that we are accepted and loved. Research is increasingly proving the value of touch and touch is the basis of massage. Pediatric research has shown that premature babies progress far more rapidly when massaged regularly. In another survey, "the simple act of massage was shown to have improved patients' morale and hastened their rate of recovery."

"Massage can be defined as any systematic form of touch which has been found to give comfort." Massage is an extension of something we all instinctively do. We stroke our foreheads when tired and unconsciously we massage our aching limbs. By comforting, and stroking we convey sympathy and understanding to an emotional pain. Feelings of well-being, trust and joy can come from massage. Massage helps to release a lot of the energy which is wasted in tension.

A good massage affects you on all levels of your being. With the increase in stress related illnesses, the touch therapies should be recognized as a valuable tool of preventive health. Many of the occupational hazards of life will be alleviated by massage—the aching backs and shoulders from an office job, the over-strained muscles resulting from heavy physical labor, or the circulatory problems suffered by those who are sedentary workers or bedridden.

Massage also works with the regenerative capacity of the body—helping to promote our self-healing ability. With regular massage, muscles become more toned and relaxed, the connective tissue of joints are stretched, venous and lymphatic flow is assisted and the hemoglobin level is increased.

Unfortunately, some people think of massage as a luxury and turn to it only at times of dire need. For all too many of us stiffness and pain are a way of life. It is often not until we receive a massage that we realize that our muscles are tight, or that we come to see how much of our energy is consumed by tension. Massage can provide us with the means to counteract the relentless surge of work and domestic pressures. When combined with sound nutrition and regular exercise, massage therapy can enhance the quality of life and combat many of the common problems of aging.

Jorg is a junior majoring in psychology. She is certified and licensed as a massage therapist and is available for therapy by appointment. Look for Karen at next Friday's Poor Person's After Tax Extravaganza and Penny Carnival.

MONDAY, APRIL 12

PET THERAPY, 10 a.m.-Noon

Reduce school stress by petting a lovable animal! The Humane Society of the High Plains will have some pets from their shelter in the Quad. In case of inclement weather, the Humane Society will be located in the Sunset Lounge.

TUESDAY, APRIL 13

ENVIRONMENTAL DAY

Get your aluminum cans out of the waste-stream and recycle! Springwell is sponsoring an aluminum can drive. During the week leading up to Tuesday, April 13th, bring your empty cans into the Memorial Union and deposit them in the big "SAGE" barrels. We will collect them, cash 'em in, and give the proceeds to charity! Please help make your environment well and recycle!

LEARN "101 THINGS YOU CAN DO TO MAKE THE ENVIRONMENT A BETTER PLACE"

as Professor Paul Basinski talks about this ecological topic at noon in the Memorial Union Cafeteria

WEDNESDAY, APRIL 14

CHILL OUT DAY

President Hammond and the Council of Deans have endorsed the activity known as Chill Out Day. During the day, participants may wear attire which is appropriate for walking. The "Piker Walk" will take place from 11 a.m. until noon. Walk the perimeter of the campus quadrangle. Two laps equals about 1.4 miles. "Dealers" give out to walkers at specific locations. Prizes will be given for high hand, low hand, etc.

THURSDAY, APRIL 15

LIFESAVING LECTURE, 7 p.m.

Richard A. Gardner, M.D., Clinical Professor of Child Psychiatry at Columbia University College of Psychiatry and Surgeons will present "Raising Healthy Children." This lecture will be held at the American Legion, 13th and Canterbury. Open to the public at no charge.



FRIDAY, APRIL 16

POOR PERSON'S AFTER TAX EXTRAVAGANZA AND PENNY CARNIVAL, 11 a.m. to 1 p.m.

The first 200 participants to register for the festivities in the Quad will receive a roll of 50 pennies. Numerous carnival activities planned are darts, face painting, pinata, karaoke, penny pitch, and hoop shoot. Massage therapy will be available from Karen. BACCHUS will sponsor a baseball throw "predict." Kansas Highway Patrol Trooper Mark Deterding will display the test model 1992 Camaro equipped with a radar gun which will time the speed of a baseball. Prizes will be awarded for those predicting the correct speed of a thrown ball. Music provided courtesy of No Boots Required. In case of inclement weather, the PPATE and PC will be held in the Sunset Lounge inside the Memorial Union.

SATURDAY, APRIL 17

HAYS MEDICAL CENTER HEALTH FAIR '93, 10 a.m. to 3 p.m., The Mall

Comprehensive blood profile by Hays Pathology Laboratory, 10 a.m.-noon. Price varies with test. FHSU fitness testing will focus on children's fitness. Demonstrations and information available from 40 health related agencies. Health Fair sponsored by HMC Auxiliaries

2ND ANNUAL HEALTHY HAYS

2000 WELLNESS WALK, 8:30 a.m.

Downtown Hays to The Mall
Sponsored by Hays Medical Center

5K FUN RUN, 8 p.m.

Beginning at The Mall

SUNDAY, APRIL 18

FAMILY WALK DAY.

Bring your family and pets for a relaxing stroll along the dike. Meet in the parking lot across from the Memorial Union at 1:30 p.m. There will be registration and drawing for prizes. All pets MUST be on leashes. After the walk, you can buy an old-fashioned A & W Root Beer Float for \$1.00

WALKAMERICA, Walk a step further and

participate in the 5 mile March of Dimes

WalkAmerica for Healthier babies.

Registration begins at 1 p.m. in the

parking lot across from the Memorial

Union and the walk starts at 2 p.m.