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Tiger Daily: February 7, 2018

Fort Hays State University

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Tiger Daily [February 7, 2018]

Tiger Daily

Wed 2/7/2018 10:43 AM

To: Tiger Daily <TigerDaily@fhsu.edu>;



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ANNOUNCEMENTS

Sign up for Dartlet Workshops to Help Guide FHSU Marketing Strategy

A couple of weeks ago President Mason announced the kickoff of a project to assess the university's brand, create a marketing plan and redesign the website. We have partnered with Dartlet, a leader in marketing research and strategy, for this project.

[Dartlet representatives will be on campus February 12 to 14 to conduct workshops with faculty, staff, students, community members and other stakeholders.](#) There are two distinct and integrated phases of workshops: Personality and Platform. The

Personality workshops help define the authentic human personality of FHSU, while the Platform workshops cascade these insights into messaging and storyline outcomes.

Your perspective matters to this project, as the results will eventually culminate in a new marketing strategy and communication platform for the university.

Please sign up for at least one workshop or if your schedule permits, register for both a Personality and a Platform workshop. There are several dates and times offered. Use the following link to register.

http://tigerlearn.fhsu.edu/events/?tribe_paged=1&tribe_event_display=list&tribe-bar-search=Dartlet

Thank you for investing your time to help shape the university's future.

Honors Course Proposal Deadline

The Fort Hays State University Honors College is not accepting Honors Course Proposals for the Spring 2019 Academic Semester.

The Honors College is looking for exceptional faculty to teach courses to outstanding students on campus. Participating in one of the university's Programs of Distinction is a chance to expand learning opportunities for students, as well as experiment with new strategies in and out of the classroom.

While FHSU strives for academic excellence in all classes, at the heart of a successful honors program is the unique interaction between teacher and student made possible by the opportunities in an honors course. Intellectual challenge is supported by pedagogy that stimulates students to think about topics in new ways, explore subject matter in greater depth or breadth, and gain first-hand exposure to issues through experiential learning. Quality is valued over quantity through rigorous and deeper course work that provides opportunities not available in tradition courses. Interactivity is not only gratifying in an honors course, but central to its success whether a debate, discussion, or connection outside the classroom.

The deadline for all Honors course proposals is **March 9**. The application form, as well as more information about the process and examples, can be found at <https://www.fhsu.edu/honors/Resources-and-Forms/>. All applications can be emailed to Jensen Scheele, Honors College Administrative Specialist, at jnscheele@fhsu.edu.

If you have any questions about Honors Courses, please feel free to contact Dr. Carol Patrick at clpatrick@fhsu.edu or 785-628-4406.

Nominate A Student for the VALUE Program

Dear Faculty and Staff—

The Department of Leadership Studies is now accepting applications for the VALUE program's 2018-19 cohort!

An info meeting will be held Thursday, February 15 at Noon (12 pm) in the Smoky Hill Room of the Memorial Union. Join us to learn more about the program.

The Voss Advanced Leadership Undergraduate Experience (VALUE) is designed to develop the most promising undergraduates into powerful agents for good, during their educational experience at FHSU. It is a year-long curricular and co-curricular experience for upper-division students to enhance their operations and collaboration skills in one of three areas:

- Corporate leadership
- Civic/non-profit leadership
- Scholarship/leadership research

To assist in their journey, students are matched with a mentor in their chosen area to guide them through completing a project of their choice. Students will also enroll in two courses throughout the year-long program to connect theory and practice as they work toward the completion of their projects.

Through the VALUE program, students have opportunities to earn scholarships, engage in hands-on professional experiences, attend conferences, and develop a professional network with and through his/her mentor.

Only 10-15 students will be chosen for the VALUE program each year. For more information, visit <http://www.fhsu.edu/leadership/Value/>.

If you know a student that would excel in this program, **you may nominate him/her the [VALUE website](#)**. Please keep in mind that for a student to be eligible for the program, he/she must have completed the [Leadership Studies Certificate](#). After you have nominated a student, our department will reach out to him/her to share more about the experience.

Student applications are due, [online](#), March 14, 2018.
(<https://tigerlink.fhsu.edu/submitter/form/start/156784>)

We appreciate your assistance in helping recruit the brightest future leaders!

Contact Kaley Klaus, director, at krklaus@fhsu.edu with any questions about the VALUE program.

Steam Shutdown

MAY 2018: As in the past, "Annual Steam Shut Down Notice"

Please mark on your calendar to avoid scheduling events that need steam for hot water and/or cooking this week. Steam Shut Down is always the week following Commencement.

The Energy Division / Power Plant have planned a steam shut down for the week of, May 14 thru May 18.

This annual shutdown is needed for multiple repairs in the University's steam and condensate distribution system, and is required for all the annual cleaning, inspections and certifications of the Power Plant steam and condensate equipment.

Steam shut off to campus 10:00pm Sunday night, May 13.

If all goes well: Steam will be back on to campus by 5:00 PM Friday depending on work schedule.

This is just a steam shutdown, that will affect only heating, domestic hot water and cooking if your building uses steam for that purpose. No other utility will be affected.

Buildings affected by this steam shut down:

Akers
Albertson
Cunningham
Custer
Forsyth
Gross
Hammond
Malloy
Martin Allen
McCartney
McMindes
Memorial Union
Picken
Rarick
Sheridan
Stroup
Tomanek

We will be performing a wide range of repairs and replacements, our goal is to have the steam restored to campus as soon as possible.

Thank you all for your cooperation.

Sincerely, Roger Weigel

FREE *Reveille* Yearbooks!

The FHSU Alumni Association has a number of FREE *Reveille* Yearbooks to give away.

Years available (UPDATED) include 1941, 1946, 1952, 1955, 1976-79, 1980-84, 1986-91, 1993-94, 1996-2002.

If you are interested in a particular year(s), please stop by our office between now and Wednesday, Feb. 14.

Questions, email us at alumni@fhsu.edu or call x4430. Thank you!

EVENTS

Tips & Tricks for Presenting at Professional Conferences: SACAD Presentation Guidelines

Wednesday, February 7; 3:30pm to 4:30pm

Forsyth Library, South Study Area

Presenter: Dr. Christine Hober

Dr. Christine Hober shares her tips and tricks for using the SACAD guidelines and rubric to plan your research presentation. Come to the Tips & Tricks Workshop Series to get ready for the John Heinrichs Scholarly & Creative Activities Day (SACAD) this April. Tips & Tricks workshops will benefit students, faculty, and staff who are pursuing research opportunities or presenting at professional conferences. [View the full list of workshops.](#)

For more information, please contact Cyndi Landis at cllandis2@fhsu.edu or 785-628-4529

Selma Film Screening

Wednesday, February 7; 7:00pm

Rarick Hall 312

Join the Office of Inclusion and Diversity Excellence & Dr. Matthew Smalley as we Present our First Film for our “Films for the Future” with the Screening and Discussion of the Film Selma. The film will be shown on February 7th at 7:00pm in Rarick Hall 312.

For More information, Contact [Taylor Kriley](#), Director of Inclusion & Diversity Excellence, (785)628-4276

Advisor Training

Dates and Times Listed Below

The Academic Advising and Career Exploration Center offers certificates for academic advisors each semester. The two remaining sessions for the ADVISING SPECIAL POPULATIONS CERTIFICATE have been included below. The remaining NACADA Web Events have been included below as well.

If you have attended sessions in the past and need to know which sessions you have left to receive your certificate, please email advising@fhsu.edu for assistance with your name and department.

NOTE: This is open to both faculty and staff. Please feel free to bring your lunch to the session.

RSVP: Please **RSVP to advising@fhsu.edu or 785-628-5577** to let us know which session(s) you will be attending. We will send you a calendar entry that you will need to Accept and Send the Response Now. This will allow us to have the appropriate number of handouts.

Advising Technology Certificate

This certificate will provide academic advisors with information related to the primary technology applications utilized to support academic advising at FHSU. Participants need to bring their laptop with them for each session.

Thursday, February 8, 12:00-1:00 PM, TigerEnroll, Memorial Union: Pioneer Room

Thursday, February 15, 12:00-1:00 PM, Online Advising Notes, McCartney Hall: Room 104

Tuesday, February 27, 12:00-1:00 PM, Tiger Early Alert, Memorial Union:
Pioneer Room

Career Advising Certificate

This is a great professional development opportunity for those interested in effectively providing career advising to their advisees, gaining an understanding of how the career exploration process works in AACE and role of the UNIV 100 Majors and Career Exploration course. Enrollment in the program is limited to 20 participants. Participants need to bring their laptop with them for each session.

Tuesday, March 27, 12:00-1:00 PM, Plan B, Memorial Room: Trails Room

Tuesday, April 3, 12:00-1:00 PM, MyMajors, Memorial Room: Pioneer Room

Tuesday, April 10, 12:00-1:00 PM, TypeFocus Personality, Memorial Room:
Trails Room

Tuesday, April 17, 12:00-1:00 PM, StrengthsQuest, Memorial Room: Trails
Room

Advising Special Populations Certificate

This certificate will provide information on working with the diverse needs of our students. Whether you are currently advising students in the population or not, you will gain information that can assist you. Participants must attend each session to receive the certificate. Advising Student Athletes and Advising International Students were offered in the fall. The following are dates for the spring sessions.

Tuesday, March 13, 12:00-1:00 PM, Advising Transfer Students, Memorial
Union: Pioneer Room

Tuesday, February 13, 12:00-1:00 PM, Advising Students with Disabilities,
McCartney Hall: Room 104

Building Advisor Competency Series (3 fall sessions, 4 spring sessions). This series is produced by NACADA: The Global Association for Academic Advising.

NACADA Web Events:

Tuesday, March 6, 1:00-2:00 PM - Building Advisor Competency:

Informational Knowledge Component, Memorial Union: Trails Room

Wednesday, April 4, 1:00-2:00 PM - Building Advisor Competency: Relational
Skills Component, Memorial Union: Smoky Hill Room

Wednesday, May 9, 1:00-2:00 PM - Using the Academic Advising Core

Competencies Model to Create an Action Plan for Professional Growth and Development, Memorial Union: Pioneer Room

Questions should be directed to advising@fhsu.edu.

2018 CASA of the High Plains Valentine's Event

Saturday, February 10; 6:00pm

Robbins Center - FHSU

Please consider attending the yearly CASA Valentine's Event to help serve youth in your community. Tickets are \$60 each OR if you buy a table of eight, you pay the price of seven tickets. This comes with a plated meal, entertainment, an open bar, and a live and silent auction.

You can pay for your ticket through the link or you can write a check to CASA: <https://events.ticketprinting.com/event/2018-Casa-Of-The-High-Plains-Valentines-Dinner-25632>.

Contact person: CASA Board Member: April Terry, anterry2@fhsu.edu, Rarick Hall 233J

HSO Valentine's Concert

Sunday, February 11; 7:30pm

Come to the Hays Symphony's Valentine's Concert on February 10th, 7:30pm. Like a box of chocolates, this concert features a variety of musical treats: American jazz standards, Chinese folk tunes, English classical works....something for all tastes! HSO Music Director and Conductor Shah Sadikov shares the stage with guest conductors Brad Dawson and Zhang Yue in a concert sure to please everyone.

For additional details: <https://mailchi.mp/413c451f9052/valentinesconcert>

KWEC Hosts Bat Fair

Sunday, February 11; 2:00pm to 4:00pm

Kansas Wetlands Education Center; Cheyenne Bottoms, KS

Small bats, big bats, brown bats, red bats, all will be explored during KWEC's Bat Fair on Feb. 11, from 2 – 4 p.m. Free activities are planned for this day devoted to one of man's best friends. Discover more about these fascinating creatures in a fun atmosphere that includes something for all ages.

The fair begins with a presentation by FHSU Sternberg Museum of Natural History Zoologist Curtis Schmidt, coauthor of *Bats of Kansas*. Kids can make their own bat, complete a scavenger hunt in a "cave", compare bat wing spans, and "capture" and measure their own bats. Information on building your own bat box will be available as well as several bat specimens to view.

The Kansas Wetlands Education Center is a branch of the College of Science Technology and Mathematics and is located at Cheyenne Bottoms, near Great Bend, KS. The Center is open Tues-Sat 9am-5pm and Sun 1-5pm.

Admission is free.

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For more information visit <http://wetlandscenter.fhsu.edu> or contact KWEC at 877-243-9268 or wetlandscenter@fhsu.edu.

Geosciences Travelogue Series Presentation "My Journey through Vinland" by Dr. Ronald Sandstrom

Monday, February 12; 3:30 pm

Cody Commons area, The Memorial Union

The first Geosciences Travelogue Series Presentation for the spring semester is next week Monday, February 12th at 3:30 in the Memorial Union, Cody Commons area.

The guest presenter for the February Travelogue is Dr. Ronald Sandstrom, FHSU Emeritus Professor of Mathematics, who is planning to take us along on a visual tour of his Journey to Vinland. Dr. Sandstrom has described his presentation as "A

pictorial description and observations of my 10-day trip across the North Atlantic retracing the path that Vikings used to inhabit what we now call Newfoundland."

Please plan to join us to learn more about a unique geographic region, and a little world history too.

Free and open to the public.

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Sponsored by the Department of Geosciences. For more information, visit www.fhsu.edu/geo/News or email geosciences@fhsu.edu.

On-Site Biometric Screening and Health Coach Available
Dates Listen Below

Free Biometric Screening Offered

- Wednesday, February 14th
- Wednesday, April 11th
- Tuesday, May 8th
- Thursday, September 6th
- Tuesday, October 2nd
- Wednesday, October 3rd

Worth 5 HealthQuest Credits

For employees and spouses enrolled in Plan C, J, N, or Q, participation is also worth \$50 into their HSA or HRA Account.

-
Fort Hays State University – Memorial Union

There will also be a Health Coach available that day from 7:00AM- Noon in the Memorial Union Calvary Room (Room 205).

<http://www.kdheks.gov/hcf/healthquest/coaching.html>

Deadline to sign up is 3 DAYS PRIOR TO DATE by midnight.

How Do I Sign Up?

Log-on to your account on the wellness portal (<https://kansashealthquest.cernerwellness.com/>). To create a new account, follow instructions found at http://www.kdheks.gov/hcf/healthquest/download/How_to_Register_an_Account.pdf.

Once logged in, follow these simple steps to schedule your screening:

- Click on Biometric Screenings
- Select Onsite Screenings
- Login or create an account on the Online Scheduler
- Select Hays from the list of cities
- Select the Location/Date you want to attend
- A list of times will appear. Select the time that works best for your schedule.
- Answer a few simple questions and click Create Appointment

What is a Biometric Screening?

Knowing cholesterol or blood glucose values can help you identify serious risks and manage or prevent health problems before they occur. HealthQuest sponsors free biometric screenings at worksites statewide. Testing is conducted in 30 minutes or less using a simple finger stick. Results you will receive include:

- Total Cholesterol, HDL, LDL and total Cholesterol to HDL ratio
- Triglycerides and Glucose
- Systolic and Diastolic Blood Pressure
- Height, Weight, and Body Mass Index (BMI)
- Waist Circumference

Remember for best results to fast for a minimum of 9 hours prior to your appointment. Water, tea and black coffee (no cream or sugar) are okay. Take medications as usual also.

Who is Eligible to Participate?

- Benefits eligible State and Non-State employees who are enrolled in the state employee health plan or who have waived coverage in the plan

- Spouses who are enrolled in the medical portion State Employee Health Plan

Honors College Informational Sessions

Thursday, February 15; 2:30pm

Forsyth Library Room 045

The FHSU Honors College invites all members of the university community to one of this spring's Honors Informational Roundtables, which will be held on:

Thursday, February 15 at 2:30pm in Forsyth Library Room 045.

Tuesday, April 10 at 10:30am in Forsyth Library Room 045.

Come learn about the program, its students, and its accomplishments! No RSVP needed- come and go as you wish.

For questions, please contact either Matthew Means at mmeans@fhsu.edu or Jensen Scheele at jnscheele@fhsu.edu.

Managing Stress & Burnout Through Emotional Intelligence & Mindfulness

Friday, February 23; 1:00pm to 4:30pm

Stouffer Lounge, Memorial Union, FHSU

Are you stressed and overwhelmed at work? Do you struggle with burnout? The Management Development Center workshop, *Managing Stress and Burnout through Emotional Intelligence and Mindfulness* is back by popular demand! The workshop will be from 1-4:30 p.m. on Fri., Feb. 23 in Stouffer Lounge.

Attendees will learn about emotional intelligence and mindfulness and explore how to use these strategies to help alleviate stress and burnout.

As FHSU faculty and staff, your registration fee is complimentary, thanks to your FHSU Vice President! Limited funding is available annually per division.

Due to overwhelming response from the **Academic Affairs division**, the original allotment of funds was used. However, thanks to Dr. Briggs' continued support of

professional development, **he has generously agreed to extend the original amount.** These additional funds for Academic Affairs are available on a first come, first serve basis.

Registration can be completed online at

<https://webapps.fhsu.edu/MDC2.0/Default.aspx> or by calling Hannah Hilker at (785) 628-4121.

Kansas Teacher of the Year Team to Visit FHSU

Tuesday, February 27; 10:30am to 11:30am
Stouffer Lounge, Memorial Union, FHSU

You are invited to a presentation from the 2018 Kansas State Teacher of the Year Team.

For more information, contact Janet Stramel, jkstramel@fhsu.edu or 785-628-4474.

HaysMed ‘Staying Alive’: ‘Hands-Only’ CPR

Saturday, March 3; 10:00am
HaysMed Center for Health Improvement Gym, 2500 Canterbury Drive in Hays, Ks

Register for the 17th Annual Staying Alive ‘Hands-Only’ Family and Friends CPR class. Training is open to people 8 years and older. This Friends and Family CPR course is **NOT** for professional certification.

To register, Call Debbie McLaren at 800-248-0073 ext. 5500 or 785-623-5500 or on-line at www.haysmed.com/education.

-Ms. Tanya Smith, Assistant Chair, Nursing Department

Black & Gold Academy – Student Leadership Institute

Saturday, March 10; 8:30am to 4:00pm
Fort Hays Ballroom, Memorial Union

Attention Advisors:

On Saturday, March 10, the Division of Student Affairs will host the student leadership institute referred to as the Black & Gold Academy. This academy will provide students an opportunity to participate in small group discussions where they will learn to demonstrate civic learning and civic engagement, apply civic ethos principles to organizations and community, and reflect on personal leadership skills to relate those skills to civic engagement. Jason Bosch will give the featured keynote address; he is the founder and owner of the Elevate Agency. For over a decade, Jason has influenced the lives of countless college students through his career in higher education and student affairs. Through the keynote, Leadership Matters, Jason will focus on the importance of leadership in organizations and communities, asserting anyone has leadership capabilities.

As the event is fast approaching, the Center for Student Involvement asks you to encourage current members and officers as well as any potential student leaders to participate.

Registration for the Black & Gold Academy is available now on TigerLink and closes at 11:59pm on Sunday, March 4. There is an alert on the TigerLink homepage or students can access the registration form by [clicking this link](#).

Please don't hesitate to contact our office with any questions or concerns about this leadership opportunity for our students. For questions about this event, contact the Center for Student Involvement at 785-628-4664 or csi@fhsu.edu or visit us in the lower level of Memorial Union.

Thanks for your support!

SHARE WITH STUDENTS

Glitter and Ash

Get your ash on campus! Wednesday, February 14, from 12:00am to 2:00pm, on the Quad, you can get your Ash Wednesday ashes to go.

There will be an option of traditional ashes, or Glitter+Ash (make-up grade purple glitter mixed with traditional ashes). Why glitter? "Glitter+Ash is an inherently queer sign of Christian belief, blending symbols of mortality and hope, of penance and celebration...Ashes are a statement that death and suffering are real. Glitter is a sign of our hope, which does not despair. Glitter signals our promise to repent, to show up, to witness, to work. Glitter NEVER gives up--and neither do we."

For more information about Glitter+Ash visit: <http://parity.nyc/glitter-ash-wednesday/>.

For more information about Us 4 U, find us on TigerLink or Facebook.

Study Abroad – Germany

Do You Like To Travel? Would You Like To Learn Another Language? Interested in Germany?

STUDY ABROAD – ESSEN – GERMANY, June 4 – June 29, 2018.

Informational Meeting in Rarick Hall 395, Thursday, February 8th from 4:30 p.m. to 5:30 p.m. To request an application form and instructions contact Chris Mohn at mcmohn@fhsu.edu. Possible scholarship's available. Sponsored by the Department of Modern Languages, the College of Arts, Humanities, & Social Sciences, and the International Student Services Office.

Spanish Club

Dear Spanish Club friends and members:

We have our first Hispanic Dance Session Wednesday, February 7 (Salsa) from 6:30 to 9:00pm in CH 122 (Dance Room).

Come with friends. Open to everybody!

Sponsored by the Spanish Club.

TigerLink - Birthday Party

Every year the Center for Student Involvement throws TigerLink a birthday party and this year it's bigger and better than ever.

Join us next week on Monday & Tuesday in the feature wall to learn more about all the features TigerLink has to offer and win some small prizes.

Then on Wednesday, February 7, come to Sunset Lounge for our TigerLink birthday celebration! We will have a balloon artist, a giant piñata, cupcakes, party favors, and much more. Take a break from work and come join us for some birthday fun!

Chartwells is Hiring!

We currently have part time positions available in Starbucks and the Residential Dining Hall.

- Please apply at www.hourlyjobs.compassgroupcareers.com or www.indeed.com.
- Starbucks/Memorial Union Office: [785-628-5087](tel:785-628-5087)
- Residential Dining Hall: [785-628-4930](tel:785-628-4930)

Thanks,

Amila P Ramanayake, Senior Director of Dining Services

To submit an article for Tiger Daily, please create a **new** message and email it to tigerdaily@fhsu.edu before **10:00 a.m.** Items received after 10:00 a.m. will run the next business day. Submissions will be accepted only from FHSU faculty, staff, and student organizations. **Submissions must include** a headline, body text, and contact information only. **Attachments, graphics**

and images will not be published (including signature line graphics), but links to web pages may be included. Submitter is responsible for quality of content, which will be copied/pasted directly. **Replies to this message will not be responded to. Please send any inquiries regarding a Tiger Daily article directly to the submitter.** Only one Tiger Daily message will be sent per day.